

WSO

Forum Sharing

# District 7 Al-Anews March 2026

## Events

March 8  
Sunday Night  
AFG Begin With Me

March 27  
Hi Hopes for Today

## Contact

Website:  
d7afg.org  
Infoline:  
727-548-58111  
Al-Anews:  
alanews@d7afg.org

## SERVICE OPPORTUNITIES

Day of Workshops  
Gratitude Luncheon

DIS Chairs

# Welcome to the March 2026

## District 7 Al-Anews

### **REQUEST FOR SHARING**

**Please don't forget to send group announcements as well.**

Send information to [Alanews@d7afg.org](mailto:Alanews@d7afg.org)

By 25<sup>th</sup> of month

**DISTRICT MEETINGS ARE OPEN TO ALL AL-ANON MEMBERS  
THEY ARE HELD ON THE SECOND SATURDAY OF EACH MONTH  
COME SEE WHAT IT IS ALL ABOUT**

**WITHOUT DISTRICT MEETINGS WE WOULD NOT HAVE AL-ANON IN DISTRICT 7,  
PINELLAS COUNTY**

**As this year moves on, remember to discuss service at all levels: group, district, area.**

**In September we will be voting on new GR's, group positions and**

**District panel and DIS Chairs.**

**For guidelines go to [d7afg.org](http://d7afg.org)**

### **Regarding our literature**

Where to find the CAL digital products and ebooks.

The link is here- [https://ecomm.al-](https://ecomm.al-anon.org/EN/Products/Digital_Products/EN/RiSE/Store/Product-Type.aspx?Type=DIGITAL&hkey=78858f68-29c1-479d-951b-18db190747f5)

[anon.org/EN/Products/Digital\\_Products/EN/RiSE/Store/Product-Type.aspx?Type=DIGITAL&hkey=78858f68-29c1-479d-951b-18db190747f5](https://ecomm.al-anon.org/EN/Products/Digital_Products/EN/RiSE/Store/Product-Type.aspx?Type=DIGITAL&hkey=78858f68-29c1-479d-951b-18db190747f5)

We go through the Al-Anon.org website and will be linked to whichever service you use for reading electronic books.

Please share with your members. We support our fellowship when we purchase literature through World Service and not another source. We support our District when we purchase through our Literature Distribution Center. Thank you for your support!!

**"We" as a group can accomplish more than any individual alone**

# District 7 Anniversaries



Sunday Night AFG Begin With Me  
**36<sup>th</sup>** Anniversary Meeting

**March 8, 2026**

Lutheran Church of the Palms, 2250 Nebraska Ave  
Palm Harbor, 33683

Doors Open @ 5:45PM - Dinner at 6:00PM  
AA & Al-Anon Speakers at 7:00 PM

Please bring a dish to share and a friend.  
All are invited

There will be a 50/50 Raffle and a book giveaway of your  
choice.

Tickets 6 for \$5.00 a real bargain!

## Hi Hopes for Today

Announces Our  
3<sup>rd</sup> Anniversary

March 27, 2026  
7:30pm

Riviera United Methodist Church  
175 62<sup>nd</sup> Ave N  
St Petersburg, FL

AA Speaker  
Al-Anon Speaker  
Raffle  
Pot Luck  
Bring a dish to share



# DISTRICT 7 SERVICE OPPORTUNITIES

Traditionally District 7 has two district wide events. The Day of Workshops is the major fund-raising event, held in the Spring.

The Gratitude Luncheon is a celebration of our fellowship and gratitude for all it has brought us, held in the Fall.

*Both need Chair people to lead the event and committees to help organize and fill the space.*

To volunteer to do service as a Chairperson all you have to be is willing. Any member of Al-Anon can step up to service, even those all in the AA fellowship. One person can be the Chair, two people can co-chair or a meeting can be the Chair. These events have been completed and documented for many years. All you have to do is follow along with notes. You can be creative and change things around but the basic structure is there for you. The Chair does not do this alone. That is why there are Committees. Remember Al-Anon is a "We" program.

Think about it, pray about it, talk to your sponsor, talk to others who have done it before. I personally have never regretted stepping up to service.

*"The Al-Anon program was there for me when I needed it. I will do what I can to ensure that it continues to thrive. I know that any service I offer will strengthen my own recovery"*

*Courage to Change, p 276*

# District 7 business meetings

Have openings for service now and our next panel starting Jan. 2027

The District structure is set up in two groups at our business meetings.

## There is our panel:

District Representative

Alt. District Representative

Treasure

Secretary

Literature Distribution Center

DISL - **open**

**DISL** – person who oversees and leads meetings of all the District Information Services Chairs. Also is available to assist when necessary in answering questions or solving situations.

## There is also our DIS, District Information Services

Currently we are hoping for a member to step up for one of these positions

**AA liaison** – person who connect with Alcoholics Anonymous Intergroup

With relevant information about Al-Anon/Alateen. Help spread the word.

**Alateen** – person who sets up meetings and makes sure they are available for assistance for AMIAS's.

**Institutions** - person sets up Al-Anon and Alateen meetings in our county in patient facilities.

List of all services positions are listed on last page under Contact for Service Positions.

**Guidelines to All Service Positions can be found on [d7afg.org](http://d7afg.org)**

Any questions please contact Heather, DR at [dr@d7afg.org](mailto:dr@d7afg.org)

Or

Victoria, AltDR at [Altldr@d7afg.org](mailto:Altldr@d7afg.org)

# AMIAS and Alateen Information

It is also time for current AMIAS to get recertified and any other members of Al-Anon who wish to become an AMIAS need to go through the process, it is outlined on the Area website if you search for Florida North Al-Anon and click on the Alateen button. Just follow the directions listed there.

March 19, 2026	6:30 - 9:00 pm
April 11, 2026	9:30 am - noon
May 14, 2026	9:30 am – noon

Contact Judy at [Alateen-64@AFGArea9.org](mailto:Alateen-64@AFGArea9.org), Karen at [AAPP@AFGArea9.org](mailto:AAPP@AFGArea9.org) or [dapp@d7afg.org](mailto:dapp@d7afg.org) to schedule your training or for any questions you may have,



**When you don't know  
where to turn...  
because someone  
drinks too much...**

**Alateen can help.**  
(Alateen is part of Al-Anon Family Groups)  
Learn more by attending a confidential meeting in your community.  
888-4AL-ANON • [al-anon.org](http://al-anon.org)

Our meetings are for young people ages 9-18 whose lives have been or are being affected by alcoholism in a family member or friend.

**“Beacon of Hope Alateen”**

**IN – PERSON MEETING**

**THURSDAY 6-7 PM**

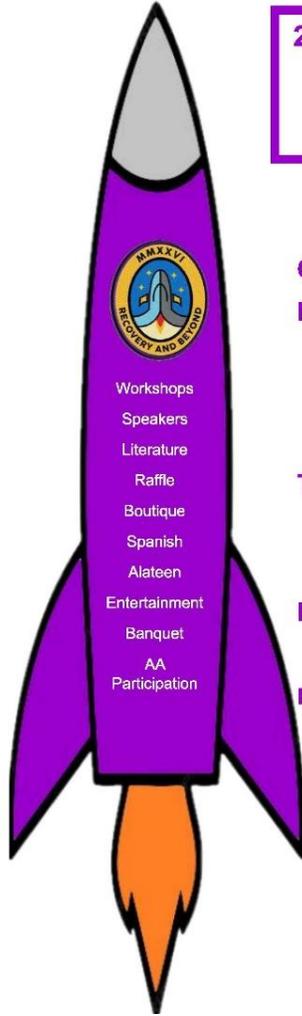
**Grace Brethren Church  
6300 62<sup>nd</sup> Ave N, Pinellas Park**

**For more information contact:**

**[dapp@d7afg.org](mailto:dapp@d7afg.org) or**

**District 7 information hotline: 727-548-6811**

# North Florida Area 9 Events



**2026 Florida North AFG Convention**  
**August 28 – 30, 2026**  
**Radisson Resort at the Port**

	Regular	At The Door
<b>Convention Registration</b>	<b>\$40</b>	<b>\$50</b>
<b>Meals:</b>		
<b>Saturday Buffet Lunch</b>	<b>\$36</b>	
<b>Saturday Night Banquet</b>	<b>\$58</b>	
<b>Sunday Breakfast Buffet</b>	<b>\$36</b>	
<b>T-shirts:</b>		
<b>Short-sleeved</b>	<b>\$22</b>	
<b>Long-sleeved</b>	<b>\$25</b>	
<b>Patches</b>	<b>\$ 6</b>	

Register for Convention online at:  
[AFGArea9.org/convention2026](https://AFGArea9.org/convention2026)



**Hotel:**  
**Radisson Resort at the Port**  
**8701 Astronaut Blvd.**  
**Cape Canaveral, FL 32920**  
**(321) 784-0000**  
**\$169/night (occupancy 1 – 4)**

## More service available

Going to the NFA Convention? District 7 is being asked to bring several workshops, meetings, to the convention. These 3 are still available. You bring a 5 minute talk on the topic and open the meeting for sharing. Great way to do service for an hour of your time. Think about it. Reach out to Heather D. at [dr@d7afg.org](mailto:dr@d7afg.org) if you are interested or have questions.

<p>DISTRICT 7</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>2026 FLORIDA NORTH AREA CONVENTION</p> <p>RADISSON RESORT AT THE PORT      CAPE CANAVERAL AUGUST 28-30</p> </div> <p>SATURDAY      WORKSHOP      9:00 AM</p> <p><b>"The Cosmic Hug"</b> Topic: Self-Love</p> <p>Please confirm by April 3<sup>rd</sup> that you are able to present this workshop. Confirm with Rhonda call/text 812-632-0767 or email <a href="mailto:rhondar71167@yahoo.com">rhondar71167@yahoo.com</a></p>	<p>DISTRICT 7</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>2026 FLORIDA NORTH AREA CONVENTION</p> <p>RADISSON RESORT AT THE PORT      CAPE CANAVERAL AUGUST 28-30</p> </div> <p>SATURDAY      WORKSHOP      12:00 PM</p> <p><b>"The Gravitational Pull of Unity"</b> Topic: Tradition 1</p> <p>Please confirm by April 3<sup>rd</sup> that you are able to present this workshop. Confirm with Rhonda call/text 812-632-0767 or email <a href="mailto:rhondar71167@yahoo.com">rhondar71167@yahoo.com</a></p>	<p>DISTRICT 7</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>2026 FLORIDA NORTH AREA CONVENTION</p> <p>RADISSON RESORT AT THE PORT      CAPE CANAVERAL AUGUST 28-30</p> </div> <p>FRIDAY      WORKSHOP      3:00 PM</p> <p><b>"Our Higher Power as Mission Commander"</b> Topic: Tradition 2</p> <p>Please confirm by April 3<sup>rd</sup> that you are able to present this workshop. Confirm with Rhonda call/text 812-632-0767 or email <a href="mailto:rhondar71167@yahoo.com">rhondar71167@yahoo.com</a></p>
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# From WSO

## What It Means to Serve Alateen

The importance of becoming involved in service was instilled in me early on in my recovery journey, and for that, I am truly grateful! Like many others, my journey began in my home group, then expanded to the District, and then, eventually, to the Area. With each opportunity came more awareness of our service structure and how simple and complex it was all at the same time. Serving Alateen was a significant opportunity that arose just as the World Service Conference voted to affirm the [2003 Alateen Motion from the Board of Trustees](#). This motion required the creation of Area Alateen Safety and Behavioral Requirements (ASBR).

It soon became clear that the ASBR served as the overarching guidance to follow, and that participating in training to serve Alateen was extremely important. After completing my initial certification to become an Al-Anon Member Involved in Alateen Service (AMIAS), my desire to serve Alateen took on new meaning. However, I also realized that convincing my children to attend Alateen meetings would be as difficult as pulling out my own teeth one by one!

I am so grateful that Al-Anon and Alateen focus on attraction. The positive changes in my behavior, resulting from my recovery from the effects of someone else's drinking, have allowed me to support not only my teenaged children but also many others.

Being involved in Alateen service means I have the responsibility of understanding and maintaining my certification status, as outlined in the ASBR. Over the years, I have encountered situations that prompted me to question the processes described in the ASBR. This has led me to collaborate with the links of service to discuss whether it's time to review the contents of the document. Being a part of Alateen service presents opportunities to look at our processes. Consequently, I am on a task force dedicated to updating the ASBR! This is a wonderful opportunity to talk to each other and reason things out and follow the links of service to revise and approve the ASBR. Our goal is to ensure that clear and consistent guidance is provided.

I have come to appreciate that understanding Alateen service is not just the responsibility of AMIASs—it is also the responsibility of every Al-Anon member. I am reminded that Alateen is an integral part of Al-Anon. That does not mean everyone needs to become an AMIAS, but it's important for every Al-Anon member to know how to support Alateen if another member expresses interest and to be able to point them toward their links of service. Here's a question: Does your District offer support for Alateen, whether or not there is an Alateen meeting currently active in the District?

Serving as an AMIAS goes beyond just supporting a weekly Alateen group. AMIASs are needed to serve as chaperones and to assist with driving teens to events with Alateen participation or Al-Anon group anniversaries. They are needed to support District and Area events where Alateen meetings are taking place. AMIASs also play a crucial role in public outreach. The recently created [Public Outreach to Professionals—Alateen Toolkit](#) offers valuable resources such as adaptable letters and presentations that can be shared with a variety of community agencies to let them know that Alateen is here to help teens affected by someone else's drinking. We need AMIASs to carry these messages!

Now, here's the second question: Does your group use Alateen literature in its meetings? You might not know that you can! The readings from the two Alateen daily readers, [Alateen—a day at a time \(B-10\)](#) and [Living Today in Alateen \(B-26\)](#), offer the shared experience of Alateen members on many of the same topics discussed in Al-Anon meetings. Having sample pieces of Alateen literature available for group use can be just the refresher needed to help a group that may be in a rut! When I found myself struggling with my Fourth Step inventory, I was introduced to [Alateen's 4<sup>th</sup> Step Inventory \(P-64\)](#).

Using *all* Conference Approved Literature (CAL) in my process of being “searching and fearless” took on new meaning and was a great growth opportunity.

So, if you haven’t figured it out by now, I have a passion for Alateen and for service to Al-Anon. As I write this on my last day as a World Service Office (WSO) Staff member, I am reminded of the love that I felt when first entering the rooms of Al-Anon Family Groups. That love has carried me and guided me to share this program with teens affected by someone else’s drinking. Many AMIAs have shared this sentiment, which is true for me as well: while my original motive was to “save the children,” the Alateens have, in fact, saved me by sharing their love, truth, and honesty in Alateen meetings and events. I am forever grateful to have experienced and shared that love.

*By Sue P., Associate Director—Group Services*

*The Forum*, February 2026

**“Inside Al-Anon Family Groups” presents news, policy, and commentary from volunteers, staff and readers sharing experience through service. Please feel free to reprint these articles on your service structure website or newsletter, along with this credit line: Reprinted with permission of Al-Anon Family Group Headquarters, Inc., Virginia Beach, Virginia, USA.**

You can always find something to relate to!

Just weeks after a milestone birthday, I broke my hip in three places. I'd been shooing a lizard off my front porch, and when the lizard leaped, I reacted to its sudden movement and hit the floor. I exited my house on a stretcher and spent months recovering.

During the mending period, I had time to *think* about how Al-Anon applied to my current circumstances. Step Twelve tells me that I can practice program principles in all my affairs, and this affair was no different.

“Gratitude” surfaced first. A top orthopedist performed my emergency surgery because he was on call. My body now has mobility since I was approved for extended rehab. Family and friends were unwavering in their care and encouragement. There were reasons to be hopeful.

I had time on my hands but could do little. Whenever my brain switched into fix-it mode, I was reminded of my wobbly legs and weakened body. I was unable to be of service by bringing a meeting to someone who may need it, drive my granddaughter to soccer, walk the dog, or rescue a distraught friend. Bound by my body’s limitations, I was forced to focus on myself like never before. I thought of the slogans “First Things First” and “Let It Begin with Me.”

I was often impatient with the process. I resented carefree runners breezing by my door and felt frustrated by my slowness and uneven gait. Recovery was taking too long, and it hurt too much. Then I would remember, “One Day at a Time,” “Easy Does It,” and “Keep It Simple.” These slogans that had sustained me through the many crises of active alcoholism and beyond were very useful in this situation too.

I see daily proof that “this too shall pass.” I am healing, moving forward, and embracing existence. Once again, Al-Anon principles have enhanced my life.

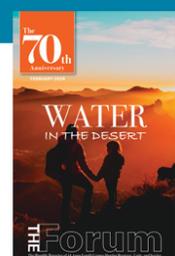
**By Thea J., Georgia**

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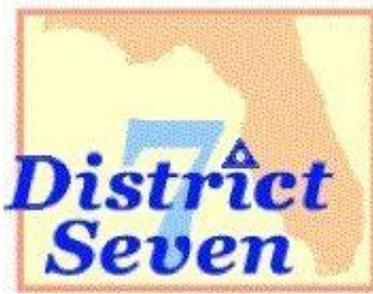
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Text revised March 2024



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YOUR GROUP  
HAPPENINGS TO  
[alanews@d7afg.org](mailto:alanews@d7afg.org)

**DEADLINE IS 25TH  
OF MONTH**

Do you want to know about the  
exciting events and happenings?

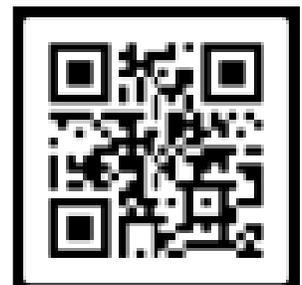
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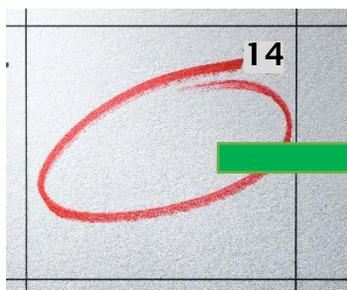
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727-548-6811

Get all there is to know about  
District 7  
[d7afg.org](http://d7afg.org) or



# Contacts for Service Positions

Position	Name	email
District Representative	Heather D	dr@d7afg.org
Alternate District Representative	Victoria P	alternatedr@d7afg.org
District Treasurer	Sandy L	treasurer@d7afg.org
District Secretary	Lili	District_secretary@d7afg.org
Literature Distribution Center	Kimberly H	literature@d7afg.org
District Information Services Liaison	<b>OPEN</b>	disl@d7afg.org
DISL Secretary	Jan B.	Dis_secretary@d7afg.org
AA Liaison	<b>OPEN</b>	aaliason@d7afg.org
Al-Anews	Laurie L	alanews@d7afg.org
Alateen	<b>OPEN</b>	alateen@d7afg.org
Archives	Shelly F	archives@d7afg.org
Cooperating with the Professional Community (CPC)	Donna S	cpc@d7afg.org
District Alateen Process Person	Sharon C	dapp@d7afg.org
Group Records	Lisa D	grouprecords@d7afg.org
Information Line	Carolyn L	informationline@d7afg.org
Institutions	<b>OPEN</b>	institutions@d7afg.org
Public Information	Shira P	publicinformation@d7afg.org
Spanish	Fanny	spanish@d7afg.org
Speakers List	Jenny H	speakerlist@d7afg.org
Technology/Website	Ed Mc	webkeeper@d7afg.org
When and Where	Bonnie	whenandwhere@d7afg.org
Hospitality	Kathy J	hospitality@d7afg.org
Raffle/Registration	Lisa M.	raffle@d7afg.org



**Next District Meeting**  
 (Monthly meeting for GR's, District trusted servants  
 and any interested members)

**Saturday March 14**

Door opens at 8am. Meeting starts at 9am.  
 CENTRAL CHURCH OF CHRIST  
 Fellowship Hall: 1454 Belleair Rd,  
 Clearwater 33756