

AL-ANEWS

VOL. 2

DISTRICT 7

NO. 4

District 7 is comprised of all Al-Anon meetings in Pinellas County. **District 7** is part of Area 9 which is known as North Florida Area. **North Florida Area 9** is comprised of 13 Districts in North Florida.

District 7 has business meetings every second Saturday of the month. Each group is expected to send a Group Representative, or someone voted in to represent the group. This is the voting group of the District.

Area 9 has business meetings twice a year. They are either in person or on zoom. The next one is on May 9-10 on zoom. Each district is expected to have all GR's or representative in attendance as well as District Representative and DISL.

District Events: Day of Workshops, Gratitude Luncheon. These are attended by individuals and well worth attending.

Area Events: Convention, Service Workshops. These are attended by individuals and well worth attending.

LOOK INSIDE FOR
.DISTRICT 7
FLYERS AND INFORMATION
AREA 9
FLYERS AND INFORMATION
WSO
INFORMATION

If you don't already receive Al-Anews online
you can Use QR code to

Read Al-Anews
View calendar
View When and Where



District 7 Day of Workshops

**“Moving from Survival to Recovery-
Out of Darkness into Sunshine”**

**May 31, 2025
8-3:30**

St. Catherine of Siena Church
1955 Belcher Road S
Clearwater, FL 33764

**Workshops
Raffle
Boutique
Food
Fellowship
Speakers**

Boutique items and
volunteers needed
Contact Sophia at
tangerinedreamersfl@gmail.com

Raffle baskets
needed.
Contact Pat H at
Aprilgrandmom@yahoo.com

**Please bring a breakfast or
snack item to share**



REGISTRATION

DISTRICT 7 DOW MAY 31, 2025

First Name _____ Initial _____

Registration \$10 (circle 1) cash check zelle*

Lunch \$15 (circle 1) cash check zelle*

Box Lunch choice:

1 Chicken salad sandwich

2 Turkey sandwich

3 vegetarian plate

Fees free to bring your own lunch

Checks made out to Susan C.

Forms and check mailed to
Lynn H.

4983 Bacopa La. S., #705

St Petersburg, FL 33715

*zelle to ilizbenzo10@gmail.com

please provide here for zelle:

phone number _____ or

user ID _____

Pre registration until May 23rd

At the door: Reg \$15 - lunch \$20

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4983 Bacopa La. S., #705

St Petersburg, FL 33715

*Zelle to lizben2010@gmail.com

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Please provide here for Zelle:

District 7 Day of Workshops

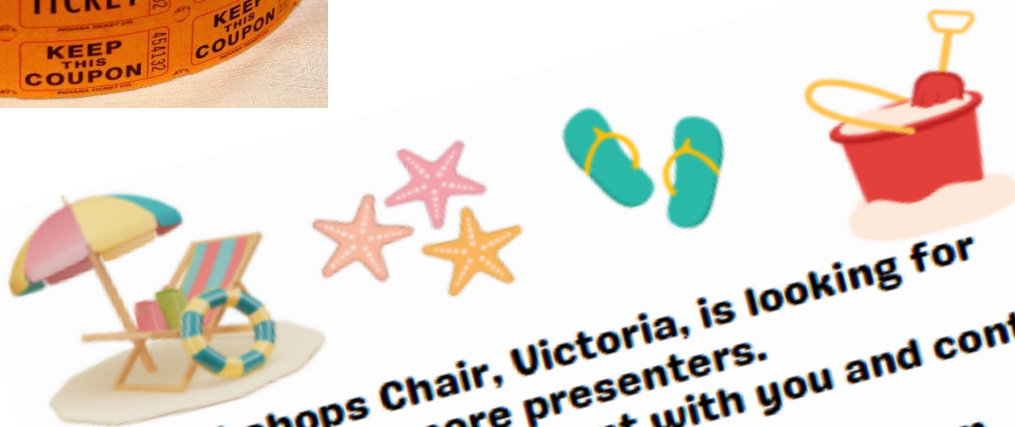
Looking to do service for one day. Opportunities available.



Help sell raffle tickets or 50/50 tickets

Contact Pat H.

aprilgrandmom@yahoo.com



Workshops Chair, Victoria, is looking for
3 more presenters.
Grab a friend to co-present with you and contact
Victoria P at
handsontherapies@brighthouse.com
Victoria has the topics, you just bring the meeting and feel good!!!



Lynn is looking for people to help at
sign in/registration.
glhen@verizon.net

CALLING ALL CREATORS & TREASURE HUNTERS!

We're accepting fun, unique, and handmade donations for our Boutique!

Think: totes, bookmarks, scarves, jewelry, artwork, plants, garden goodies, trinkets & more! (No holiday or religious items, please)

DROP-OFF OPTIONS:

- Bring items to your meeting, Group Rep, or District meeting
 - OR drop them off in person: Friday, May 30 | 12-4 PM
- St. Catherine of Siena Church 1955 Belcher Rd S, Clearwater, FL

JOIN THE FUN!

We need volunteers for 1-2 hour shifts on Saturday, May 31st during the District 7 Day of Workshops: "Moving from Survival to Recovery: Out of Darkness into Sunshine." Shifts run between 7:30 AM and 4:00 PM.

Help us organize, style, and sell treasures at the Boutique!

Sign up below to volunteer-let's make create something special together!

Contact Sophia: tangerinedreamersfl@gmail.com

DISTRICT 7 ANNIVERSARIES

You're invited to our
**WEDNESDAY MORNING STEEPING UP
35TH ANNIVERSARY CELEBRATION**

*Wednesday, **APRIL 16**
Fellowship and food at 10am
Food and coffee and water will be provided.
Meeting begins at 10:30am*

AA and Al-Anon speakers

*St. Cecilia's Catholic church 820 Jasmine Way
Clearwater, 33756.*

**ST PETERSBURG
BEGINNERS MEETING
ANNIVERSARY**

June 18

**St. Luke's United Methodist Church
4444 5TH Ave N
ST Petersburg**

**Meeting begins at 10:30
AA and Al-Anon speakers
Pot luck lunch begins at 11:45
Bring a dish to share**

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DISTRICT INFORMATION

ATTENTION ALL GR'S

Assembly is May Fri May 16th 6:00pm - Sat 17th 6:00pm

Basic Zoom Training for Assembly- either

Thursday April 24 @7pm

Saturday April 26 @4pm

Zoom basics provided for anyone interested. Approximately 1 hour intro
Please contact Heather for zoom link and instructions.

dr@d7afg.org



Camp Gottawanna
Weekend Workshop

Presented by Women's Gottawanna AFG
Come Share in a Weekend of Recovery

*Cultivating Your Garden
of Recovery*

May 2 - 4, 2025

Cedarkirk Camp and Conference Center
1920 Streetman Drive Lithia, FL. 33547

Registration 4:30 – 6:30 p.m. Friday, May 2nd
Workshop ends at noon on Sunday, May 4th
Double Occupancy, 2 nights, 5 meals: \$225
Contact Shelly at gottawannaweekend@gmail.com

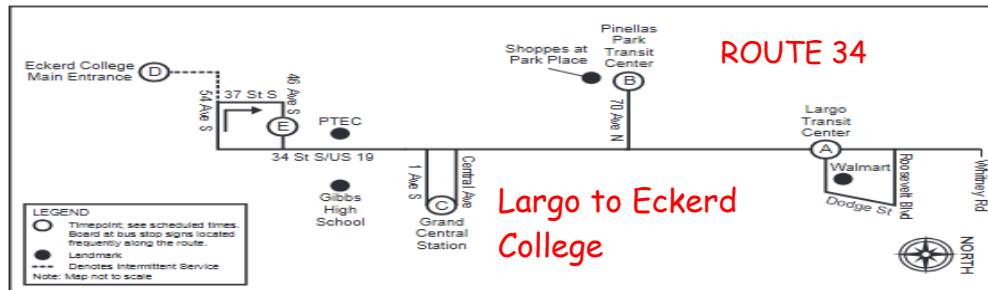
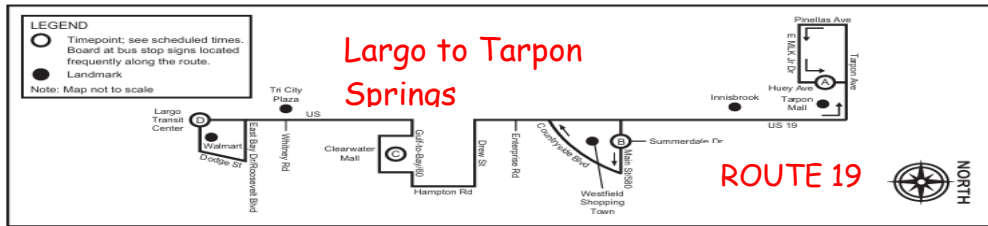
OTHER DISTRICT INFORMATION

KUDO'S GO OUT TO DONNA S. (CPC CHAIR) FOR PURSUING THIS CAMPAIGN AND SEEING IT TO FRUITION. LET DONNA KNOW IF YOU HAVE SEEN A BUS.

cpc@d7afg.org



DISTRICT 7
BUS
CAMPAIGN



District 7 is looking for a person who would love to grow their program by doing service. We need a person to stand for the position of DISL. DISL is a person who oversees the chair positions in our information service arm of the District. DISL is responsible for hosting a zoom meeting of 30-45 minutes the week before District that is attended by the chairs. Our District is divided into two arms. The panel: dr, alt dr, secretary, treasurer and LDC (literature distribution center). The DIS (district information services) is the other arm. All attend the monthly District Meeting and share important information. Guidelines can be found at https://d7afg.org/wp-content/uploads/2024/05/FINAL_D7ServicePositionsGuidelines-1.pdf You can contact Heather, District Representative at dr@d7afg.org

DISTRICT 7 MEETING NEWS

**every day is
a fresh start**

Oakhurst Wednesday Night
Beginners Meeting - 7:15 pm
AL-Anon AFG - 8:00 pm

Oakhurst United Methodist Church
13400 Park Blvd.- Seminole

The Wednesday Book Study (from
May1-October31, 2025) has a
temporary
change of address

**First United Methodist
Church of Dunedin
411 Wood Street Room 108
Dunedin, FL 34698 .**

(Friendship Hall behind the primary
church on Main St.)

DISTRICT 7 ALATEEN NEWS

**1 IN 4
CHILDREN**
are affected by
someone's drinking.
You are not alone.
Alateen can help.



Contact Sharon C.
dapp@d7afg.org
for more local information

Al-Anon Family Groups
1-888-4AL-ANON • al-anon.org/teen-info

ALATEEN

Do you know a teen (age 8-18) who would benefit from attending
Alateen meetings?

Think about your son/daughter, grandson/granddaughter, nephew/niece,
neighbor etc. who lives with or has a friend with a problem drinker. Your
suggestion of attending Alateen could make a difference in their lives just as
it has in yours!!

Meetings **Countryside Friday Night Alateen** - Friday, 7 pm

North Northwood Presbyterian Church, Room #8

2875 SR-580, Clearwater

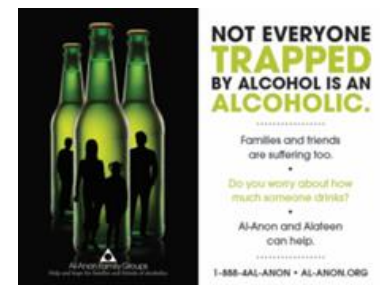
Beacon of Hope Alateen - Tuesday, 8 pm

Christ Lutheran Church

3451 30 Ave N, St. Petersburg

New Meeting: Same time and place as Friends of Lois Al-Anon

6300 62nd Ave N (Entrance door faces 62nd Ave), Pinellas Park



DISTRICT 7 AMIAS INFORMATION

Just a note to keep everyone informed about our District's Alateen Program. If you are currently a certified AMIAS, remember that you need to be re-certified by end of May this year to remain certified for the coming year. If you have not already signed up and/or taken the training, the **LAST** date: **May 8 from 6:30 - 9 pm**
The trainings are on ZOOM and you will receive an email with the link to get into the meeting.

The Alateen Conference is scheduled for September 5-7, 2025 in Lake Placid, FL at the Lake Placid Camp and Conference Center. Chairpeople for the various committees need help to put together their part of the conference and Karyn from Area Alateen can put you into contact with any committee you might be able to help with. They will need 3 AMIAS for each meeting and activity as well as 3 security people, each for the boys and girls in 2-hour shifts at night. Parents can bring the teens but cannot stay. Also, THE CONFERENCE CAN BE A TEENS FIRST ALATEEN MEETING, so if you know any interested teens, they will be welcome. All forms will be required along with registration. There will be more information forthcoming as the planning committee sets in place the details.

The next planning committee meeting for the **Conference is April 23** at 7 pm on ZOOM. If you can, please plan to attend.



DISTRICT 7 LITERATURE DISTRIBUTION CENTER

DID YOU KNOW????

All Al-Anon members can order literature through our District. You don't need to go through your group Literature person.

Simply email literature@d7.org with your order.

Kimberly will get back to you with financial and distribution information.

Below is the link to the WSO Online Store Catalog in a PDF Format.

You can print one out for your personal use and/or your group. The catalogue also includes links to material available for download.

HIT CONTROL KEY AND CLICK [WSO Literature Catalogue](#)

Please consider ordering your literature from District 7 AFG

HIT CONTROL KEY AND CLICK literature@d7.org

You can find an order form to order directly from District 7 via email

HIT CONTROL KEY AND CLICK literature@d7.org

Arrangements can be made for pick-up at the monthly district meetings held the 2nd Saturday of the month.

Let me know if these don't work and I'll e-mail them to you directly.

FORUM
SUBSCRIPTION

The Forum subscription order form

The voice of Al-Anon recovery—today
Al-Anon's monthly magazine features timely sharings from Al-Anon and Alateen members, suggested meeting topics, and the latest information on worldwide Al-Anon recovery.
Experience and insight you won't find anywhere else!

One Year Subscription Price	Number of subscribers per month	Number of years per subscription	Total amount enclosed
<input type="checkbox"/> U.S., Bermuda, Puerto Rico \$11 US	x	x	= \$
<input type="checkbox"/> Canada, Other Countries \$23 US	x	x	= \$

This subscription is: New Renewal

An electronic edition of *The Forum* is available for purchase through your electronic media provider.
(Please see the "Electronic Literature" category at al-anon.org/eforum for more details.)

Send this subscription to: (for Group subscriptions see below)

Name _____ Street _____
City, State/Province, Zip _____ Country _____

The above is a gift. Please send me a gift card at:

Name _____ Street _____
City, State/Province, Zip _____ Country _____

Group subscription: All Group subscriptions are mailed to the CMA address on record.

Group # _____ City, State/Province _____
if you don't know your group # fill out the following

Meeting Place & Time _____

DO NOT SEND CASH — NO C.O.D. ORDERS — Please allow six to eight weeks for delivery. — No refunds for subscription cancellation.

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Canadian subscription payments may be made in Canadian funds at the U.S. dollar equivalent.
Checks payable to: AFG, Inc. **Fax order:** (757) 563-1655 **On-line:** al-anon.org
Mail order: AFG, Inc., 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617

When using a credit card, please provide us with the following information.

Visa MC Disc Amex Phone # _____

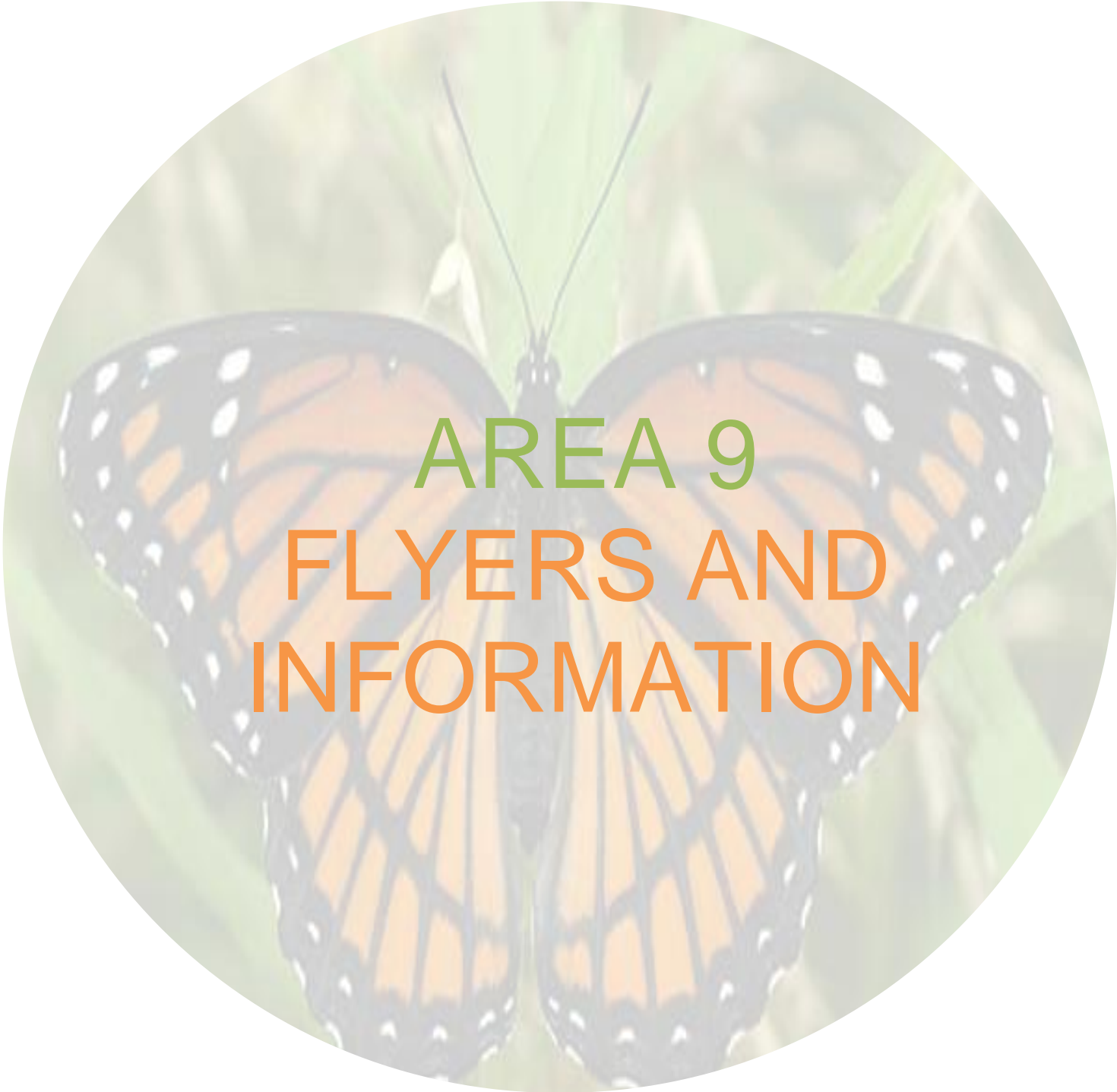
Card Number _____ Security Code _____
Signature _____ Exp. Date _____

Charge will appear on your credit card statement from "AFG, Inc."

Date	Amount	Type	Order No.
Do not write in this space			

Text revised March 2024

S-15



AREA 9
FLYERS AND
INFORMATION

2025 Florida North AFG Convention

August 29 - 31, 2025

Caribe Royale Orlando



Join your Heart with Others in 2025

Registration: \$40.00 through August 22, 2025 \$50.00 at the door

Meals:



Box Lunch
\$39.00

Banquet
\$69.00

Breakfast Buffet
\$40.00



Convention T-shirts available in Short-Sleeve (\$20.00) & Long-Sleeve (\$22.00)
Convention Tote Bags Available \$20.00

Order online and pick-up with your Registration Packet at Convention.



August 29 - 31, 2025
Caribe Royale Orlando
8101 World Center Drive
Orlando, FL 32821 800-823-8300

Register Online for Convention:
2025 AFG convention website:
afgarea9.org/convention2025



\$169 per night for standard suites (occupancy 1-4);
plus \$10/night resort fee, plus applicable taxes.
Self-parking discounted to \$10/Day.

Rate is good for 3 days before and 3 days after Convention.

Hotel Reservations:...

Online reservation link: <https://book.passkey.com/e/50866101>

Caribe Royale Reservation Phone for AFG: 800-823-8300



FOR QUESTIONS ON AL-ANON CONVENTION PLEASE CONTACT:
CONVENTION2025REGISTRATION@AFGAREA9.ORG

SAVE THE DATE!!

2025 Area Service Workshop

“Participation is the Key
to Harmony and Growth”

Hosted by District 13



Saturday, October 11, 2025

Christ Venice Church

1475 Center Road

Venice, FL

More details to follow!

nfldistrict13al-anon.org



WSO
WORLD
SERVICE
OFFICE

FORUM ARTICLE

I Gave Myself Another Look

After decades of being a chameleon, changing and adapting myself to safely belong, I didn't have a solid grasp of who I truly was. The small sense of self I developed growing up in an alcoholic home was further diminished when I dated an abuser, then an alcoholic. There was no room in those relationships for my opinions or growth. I was so lost I couldn't make any decisions for fear they would be wrong and I would be punished. I needed to be told everything, from what restaurant to eat at to what my interests or goals should be.

Now, after just nine months in Al-Anon, I can look back and see myself more clearly. I wasn't sure I had made any progress until after I was told it was visible to others. I gave myself another look. I can see slow and gradual progress. I can make decisions. I speak up, but most importantly, I am less reactive. I feel less responsible for my alcoholic loved one's mood or problems. The woman I want to be can still care for others while holding boundaries. The woman I want to be can pause and think of the response I know can be more effective for my goal—a woman whose own north has a stronger pull than anyone else's.

I can forgive my mistakes and character defects because they weren't born from malice. Living life for myself and not someone else is an easier battle today, and one I don't back down from as readily as I did in the past. My alcoholic loved one and I are separate people, and I am worthy of mattering equally as a partner.

By Levi L.

The Forum, April 2025

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District 7 Al-Anews

April 2025

Number 4

NEWS FROM WORLD SERVICE

Inside Al-Anon Family Groups Let It Begin with Me: A Call to Action

“Let It Begin with Me

When anyone, anywhere, reaches out for help,

let the hand of Al-Anon and Alateen

always be there, and—Let It Begin with Me.”

To some, these words may sound like a prayer. However, unlike a request for support from a Higher Power, a declaration is a formal statement, often made to assert something purposefully. The Al-Anon Declaration is more than just a statement of hope—it’s a pledge and a promise to be there for others so that no one faces this struggle alone.

The 1974 World Service Conference theme, “Let It Begin with Me,” resonated deeply with Al-Anon members. It became the foundation for the Declaration, which was introduced and adopted the following year. First printed as a wallet-sized card, the Declaration appeared in Al-Anon literature and early public outreach materials. Since then, members around the world have recited it. It reminds us of our personal commitment to recovery and acts as a call to action to help others.

For me, the Declaration not only reminds me to remain committed to my own recovery but also invites me to serve others. Reaching out, offering support, and extending a hand to those who are struggling is my way of fulfilling that promise. It’s a living, breathing declaration that requires me to act. I must do more than just hope; I must reach out and help those who are still suffering.

One of my first experiences with public outreach was when I spoke at a local treatment center. A fellow Al-Anon member had arranged for the inclusion of Al-Anon in their family orientation program, and I volunteered to share my story. As I spoke, I recalled sitting in the same chairs as those attending, feeling the same overwhelming emotions of anger, confusion, and heartbreak. I shared how Al-Anon had been a balm for my pain, offering hope through the example of others in recovery.

A few weeks later, I ran into a woman at my home group who seemed familiar. She mentioned that she had been at the treatment center and had heard me speak. “You told me to come here,” she said with a smile. It was a moment that touched my heart. Knowing that my words had helped her take that first step toward healing reminded me why we do this work. It’s not just about sharing our stories; it’s about offering hope and showing others they are not alone.

The Al-Anon Declaration reminds me that while recovery is a shared journey, it begins with each of us committing to help. “Let It Begin with Me.”

By Heather S., Associate Director—Community Relations

“Inside Al-Anon Family Groups” presents news, policy, and commentary from volunteers, staff and readers sharing experience through service. Please feel free to reprint these articles on your service structure website or newsletter, along with this credit line: Reprinted with permission of Al-Anon Family Group Headquarters, Inc., Virginia Beach, VA.

CONTACT INFORMATION

Position	Name	Email
District Representative	Heather D	dr@d7afg.org
Alternate District Representative	Victoria P	alternatedr@d7afg.org
District Treasurer	Sandy L	treasurer@d7afg.org
District Secretary	Lili	District_secretary@d7afg.org
District Information Services Liaison	OPEN	disl@d7afg.org
DISL Secretary	Jan B.	Dis_secretary@d7afg.org
Literature Distribution Center	Kimberly H	literature@d7afg.org
AA Liaison	OPEN	aaliaison@d7afg.org
Al-Anews	Laurie L	alanews@d7afg.org
Alateen	OPEN	alateen@d7afg.org
Archives	Shelly F.	archives@d7afg.org
Cooperating with the Professional Community (CPC)	Donna S	cpc@d7afg.org
District Alateen Process Person	Sharon C	dapp@d7afg.org
Group Records	Patty	grouprecords@d7afg.org
Information Line	Carolyn L	informationline@d7afg.org
Institutions	OPEN	institutions@d7afg.org
Public Information	Shira P	publicinformation@d7afg.org
Spanish	Fanny	spanish@d7afg.org
Speakers List	Jenny	speakerslist@d7afg.org
Technology/Website	Ed Mc	webkeeper@d7afg.org
When and Where	Bonnie	whenandwhere@d7afg.org
Hospitality	Kathy	hospitality@d7afg.org

No meeting in May. Assembly is the same day.



Next District Meeting
 (Monthly meeting for GR's, District trusted servants
 and any interested members)
Saturday JUNE 14, 2025
 Door opens at 8am. Meeting starts at 9am.
 CENTRAL CHURCH OF CHRIST
 Fellowship Hall: 1454 Belleair Rd. Clearwater 33756