

# AL-ANEWS

VOL. 2 DISTRICT 7 NO. 3

## New Format

1. Announcement flyers (take a picture for information). Share the information for anniversary and events.
2. District 7 information
3. Area and World Service Office Information


Use QR code to

Read Al-Anews

View calendar

View When and Where





# FLYERS

# District 7 Day of Workshops

“Moving from Survival to Recovery-  
Out of Darkness into Sunshine”

May 31, 2025  
8-3:30

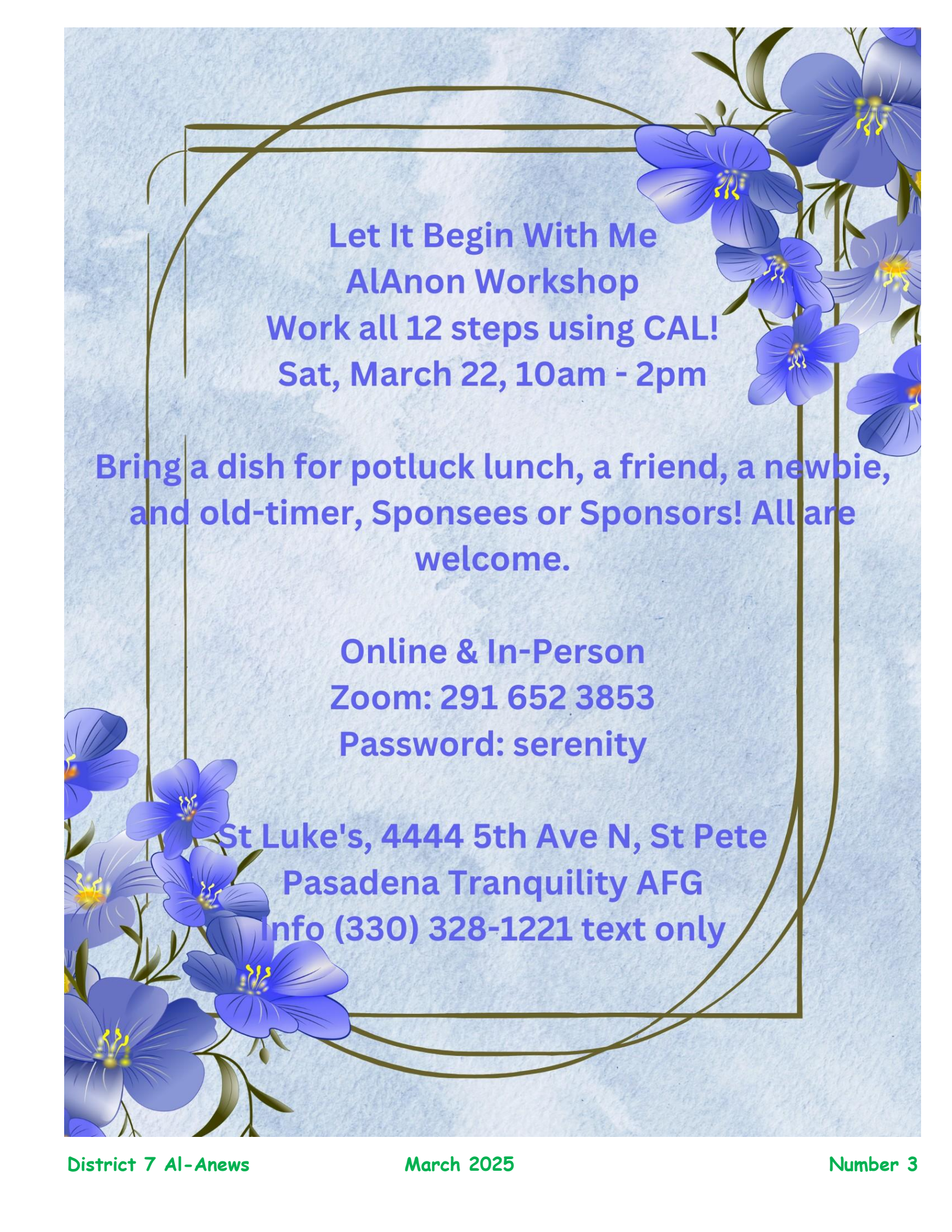
St. Catherine of Siena Church  
1955 Belcher Road S  
Clearwater, FL 33764

Registration \$10  
Catered Lunch \$15

Workshops  
Raffle  
Boutique  
Food  
Fellowship  
Speakers

More Information to follow  
Look out for registration forms





**Let It Begin With Me  
AlAnon Workshop  
Work all 12 steps using CAL!  
Sat, March 22, 10am - 2pm**

**Bring a dish for potluck lunch, a friend, a newbie,  
and old-timer, Sponsees or Sponsors! All are  
welcome.**

**Online & In-Person  
Zoom: 291 652 3853  
Password: serenity**

**St Luke's, 4444 5th Ave N, St Pete  
Pasadena Tranquility AFG  
Info (330) 328-1221 text only**



**S**teps  
**T**raditions  
**A**nd  
**G**entleman

...a group of AL-ANON men

*this is an OPEN meeting*

when ANYONE, ANYWHERE  
reaches out for  
the hand of AL-ANON  
we will be here\*

**YOU are invited to S.T.A.G.'s...**

# 15<sup>th</sup> Anniversary Potluck

with fellowship and speakers

**Bring your NEWCOMER!**

...and all guests welcome

What

When

Where

**A POTLUCK  
DINNER**

**TUESDAY NIGHT**

**NORTHWEST  
CHURCH**

Please Bring: Entrée,  
Side or Dessert of your  
choice...or don't.

7:00pm DINNER  
8:00pm SPEAKERS  
Closing w/ 50-50 Raffle

6330 54th Ave N,  
St. Petersburg, FL 33709  
Parking: front lot on 54<sup>th</sup> Ave N.

# March 25, 2025

\*an AL-ANON group of Pinellas County, St Petersburg FL, District 7  
...meeting regularly on Tuesdays, 8pm at this same address

HI HOPES  
FOR TODAY  
FACE 2 FACE

**2ND ANNIVERSARY**

MARCH 28, 2025



7:30PM

AA AND AL-ANON SPEAKERS  
FACE 2 FACE

FELLOWSHIP

BRING A DISH TO SHARE

RIVIERA METHODIST CHURCH  
175 62ND AVE N  
ST PETERSBURG, FL 33702



# Camp Gottawanna Weekend Workshop

Presented by Women's Gottawanna AFG  
Come Share in a Weekend of Recovery

## *Cultivating Your Garden of Recovery*

May 2 - 4, 2025

Cedarkirk Camp and Conference Center  
1920 Streetman Drive Lithia, FL. 33547

Registration 4:30 – 6:30 p.m. Friday, May 2<sup>nd</sup>

Workshop ends at noon on Sunday, May 4th

Double Occupancy, 2 nights, 5 meals: \$225

Contact Shelly at [gottawannaweekend@gmail.com](mailto:gottawannaweekend@gmail.com)

# 2025 Florida North AFG Convention August 29 - 31, 2025 Caribe Royale Orlando



**LISTEN TO  
YOUR HEART**



**SPANISH**



**ALATEEN**



**SPEAKERS**



**WORKSHOPS**



**BOUTIQUE**



**LITERATURE**



**BANQUET**



**RAFFLES**

**Join your Heart with Others in 2025**

**Registration: \$40.00 through August 22, 2025      \$50.00 at the door**



**Meals: Box Lunch   Banquet   Breakfast Buffet**  
**\$39.00      \$69.00      \$40.00**



**SPECIAL CONVENTION MEAL BUNDLE DEAL**  
**SATURDAY BOX LUNCH, SATURDAY BANQUET & SUNDAY MORNING BUFFET**  
**\$140.00 THROUGH 12-31-2024**

**Convention T-shirts available in Short-Sleeve (\$20.00) & Long-Sleeve (\$22.00)**  
**Convention Tote Bags Available \$20.00**

**Order online and pick-up with your Registration Packet at Convention.**



August 29 - 31, 2025  
**Caribe Royale Orlando**  
8101 World Center Drive  
Orlando, FL 32821 800-823-8300

**Register Online for Convention:**  
**2025 AFG convention website:**  
**[afgarea9.org/convention\\_2025](https://afgarea9.org/convention_2025)**

\$169 per night for standard suites (occupancy 1-4);  
plus \$10/night resort fee, plus applicable taxes.  
Self-parking discounted to \$10/Day.  
Rate is good for 3 days before and 3 days after Convention.  
**Hotel Reservations:...**  
Online reservation link: <https://book.passkey.com/e/50866101>  
Caribe Royale Reservation Phone for AFG: 800-823-8300



***FOR QUESTIONS ON AL-ANON CONVENTION PLEASE CONTACT:***

**[CONVENTION2025REGISTRATION@AFGAREA9.ORG](mailto:CONVENTION2025REGISTRATION@AFGAREA9.ORG)**



# SAVE THE DATE!!

2025 Area Service Workshop

“Participation is the Key  
to Harmony and Growth”

Hosted by District 13



Saturday, October 11, 2025

Christ Venice Church

1475 Center Road

Venice, FL

More details to follow!

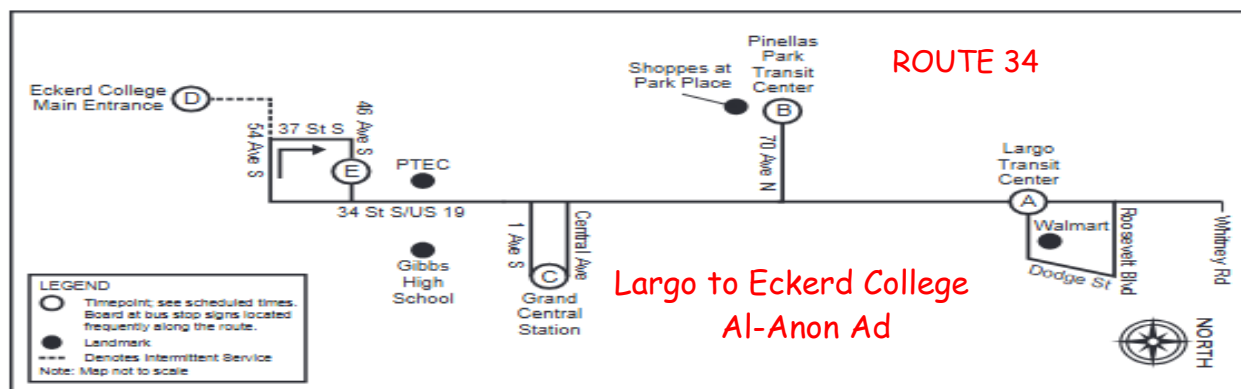
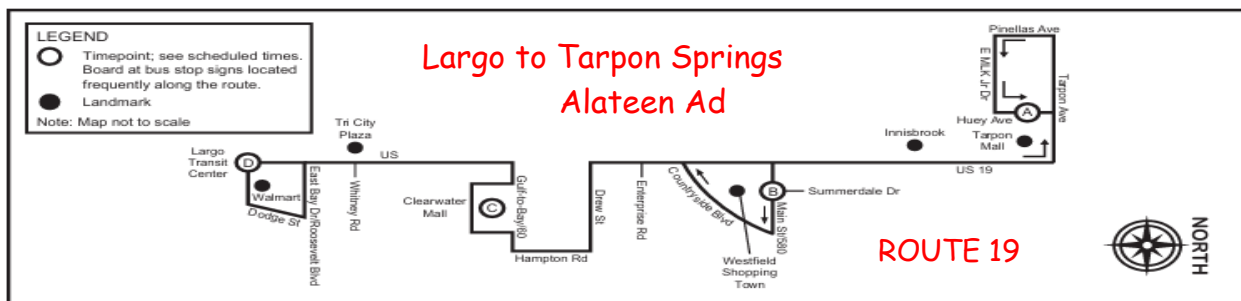
[nfldistrict13al-anon.org](http://nfldistrict13al-anon.org)

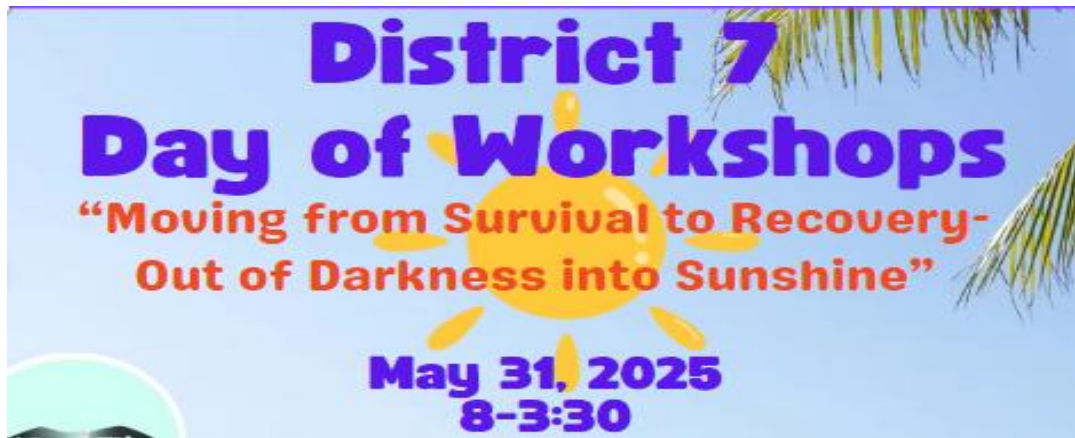


# **DISTRICT 7 INFORMATION**

# DISTRICT 7 BUS CAMPAIGN

KUDO'S GO OUT TO DONNA S. (CPC CHAIR) FOR PURSUING THIS CAMPAIGN AND SEEING IT TO FRUITION.





**Looking for** people to lead workshops. Great opportunity for service. Find a friend and co-chair on a topic that you can choose from.

If interested please contact **Victoria**,  
handsontherapies@brighthouse.com

**Looking for** a Set Up Chair.

If interested please contact **Joy C.**,  
joycrni@aol.com

**Would you like** to gather a group of friends and open our Boutique?? Service and fellowship is always a wonderful way to enhance your program.

If interested please contact **Joy C.**,  
joycrni@aol.com

**Looking for** people to help with Set Up the day before and the day of the workshops. (May 30 and 31)

If interested please contact **Christine C.**,  
cchorowski@gmail.com

**Looking for** people to help with Registration the day of workshops

If interested please contact **Lynn H.**,  
glhen@verizon.net

**REGISTRATION FORMS WILL BE COMING OUT SHORTLY**

# DISTRICT 7 ALATEEN NEWS

## District 7 Alateen Meetings

Beacon of Hope Alateen\*

Tuesday 8pm

Christ Lutheran Church

3451 30th Ave N., St Petersburg, FL 33713

\* AA and Al-Anon meet at same time

Countryside Friday Night Alateen\*

Friday 7pm

North Northwood Presbyterian Church Rm#8

2875 SR-580, Clearwater, FL 33761

\* Al-Anon meets at same time



**\* SAVE THE DATE \***

**2025 AREA 9  
ALATEEN CONFERENCE**

**FRIDAY, SEPT 5<sup>TH</sup> - SUNDAY SEPT 7<sup>TH</sup>**

Spend a **weekend** of fun and fellowship  
in beautiful **Lake Placid, Florida**

**FREE** for children ages 8-18  
includes food, lodging, and all activities!

Registration details coming soon to  
[HTTPS://WWW.AFGAREA9.ORG/](https://www.afgarea9.org/)

Only Children AND Area 9 Certified AMIAS  
are welcome to attend

Find out more about *Alateen* and how to become an *AMIAS* at  
<https://www.afgarea9.org/alateen-resources-panel-64.html>

**\* HELP PICK THE THEME \*  
AND DESIGN THE LOGO!**

Submit your ideas by **February 15, 2025!**  
Ask your AMIAS to Email them to  
[ALATEEN-64@AFGAREA9.ORG](mailto:ALATEEN-64@AFGAREA9.ORG)

# **DISTRICT 7 AMIAS INFORMATION**

Just a note to keep everyone informed about our District's Alateen Program. If you are currently a certified AMIAS, remember that you need to be re-certified by end of May this year to remain certified for the coming year. If you have not already signed up and/or taken the training, the following are the upcoming dates:

April 5 from 9:30 am - noon

May 8 from 6:30 - 9 pm

The trainings are on ZOOM and you will receive an email with the link to get into the meeting.

The Alateen Conference is scheduled for September 5-7, 2025 in Lake Placid, FL at the Lake Placid Camp and Conference Center. Chairpeople for the various committees need help to put together their part of the conference and Karyn from Area Alateen can put you into contact with any committee you might be able to help with. They will need 3 AMIAS for each meeting and activity as well as 3 security people, each for the boys and girls in 2-hour shifts at night. Parents can bring the teens but cannot stay. Also, THE CONFERENCE CAN BE A TEENS FIRST ALATEEN MEETING, so if you know any interested teens, they will be welcome. All forms will be required along with registration. There will be more information forthcoming as the planning committee sets in place the details.

The next planning committee meeting for the Conference is March 24 at 7 pm on ZOOM. If you can, please plan to attend.

Sharon C  
District Alateen Process Person  
District 7

# DISTRICT 7 LITERATURE DISTRIBUTION CENTER

DID YOU KNOW????

All Al-Anon members can order literature through our District. You don't need to go through your group Literature person.

Simply email [literature@d7.org](mailto:literature@d7.org) with your order.

Kimberly will get back to you with financial and distribution information.

Below is the link to the WSO Online Store Catalog in a PDF Format.

You can print one out for your personal use and/or your group. The catalogue also includes links to material available for download.

HIT CONTROL KEY AND CLICK [WSO Literature Catalogue](#)

Please consider ordering your literature from District 7 AFG

HIT CONTROL KEY AND CLICK [literature@d7.org](mailto:literature@d7.org)

You can find an order form to order directly from District 7 via email

HIT CONTROL KEY AND CLICK [literature@d7.org](mailto:literature@d7.org)

Arrangements can be made for pick-up at the monthly district meetings held the 2nd Saturday of the month.

Let me know if these don't work and I'll e-mail them to you directly.

FORUM  
SUBSCRIPTION

*The Forum* subscription order form

The voice of Al-Anon recovery—today Al-Anon's monthly magazine features timely sharings from Al-Anon and Alateen members, suggested meeting topics, and the latest information on worldwide Al-Anon recovery. Experience and insight you won't find anywhere else!

One Year Subscription Price	Number of subscribers per month	Number of years per subscription	Total amount enclosed
<input type="checkbox"/> U.S., Bermuda, Puerto Rico \$11 US	x	x	= \$
<input type="checkbox"/> Canada, Other Countries \$23 US	x	x	= \$

This subscription is:  New  Renewal

An electronic edition of *The Forum* is available for purchase through your electronic media provider. (Please see the "Electronic Literature" category at [al-anon.org/eforum](http://al-anon.org/eforum) for more details.)

Send this subscription to: (for Group subscriptions see below)

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 City, State/Province, Zip \_\_\_\_\_ Country \_\_\_\_\_

The above is a gift. Please send me a gift card at:

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Group subscription: All Group subscriptions are mailed to the CMA address on record.

Group # \_\_\_\_\_ City, State/Province \_\_\_\_\_  
 if you don't know your group # fill out the following  
 Meeting Place & Time \_\_\_\_\_

DO NOT SEND CASH — NO C.O.D. ORDERS — Please allow six to eight weeks for delivery. — No refunds for subscription cancellation.

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 Canadian subscription payments may be made in Canadian funds at the U.S. dollar equivalent.  
**Checks payable to:** AFG, Inc. **Fax order:** (757) 563-1655 **On-line:** [al-anon.org](http://al-anon.org)  
**Mail order:** AFG, Inc., 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617

When using a credit card, please provide us with the following information.

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 Signature \_\_\_\_\_ Exp. Date \_\_\_\_\_

Charge will appear on your credit card statement from "AFG, Inc."

Date	Amount	Type	Order No.
Do not write in this space			

Text revised March 2024

# DISTRICT 7 DISL INFORMATION

**AA Liaison** position Open

**Al-Anews** submit information to [alanews@d7.org](mailto:alanews@d7.org)

To receive Al-Anews in your own personal inbox send email to [alanews@d7.org](mailto:alanews@d7.org) or request a copy to be texted and include your phone number

**Alateen** position Open

**Archives** digitizing District 7 archives. Groups can send group specific information to Shelly, [archives@d7afg.org](mailto:archives@d7afg.org)

**Cooperating with the Professional Community (CPC)** Work with Professionals in the community to help spread the word. Check out District 7 Bus Campaign this month!!!

**District Alateen Process Person** Current and new members wanting to be an AMIAS's (Al-Anon Member In Alateen Service) need to certify (recertify). Contact **Sharon**, [dapp@d7afg.org](mailto:dapp@d7afg.org)

**Group Records** All changes to group information should be sent to **Patty**, [grouprecords@d7afg.org](mailto:grouprecords@d7afg.org). To keep your meeting active, you must have a CMA.

**Information Line** Looking for volunteers to return calls to people leaving messages on district voice mail. Contact **Carolyn**, [informationline@d7afg.org](mailto:informationline@d7afg.org)

**Institutions** position Open

**Public Information** Working with local governments to get word out about Al-Anon

**Spanish** new meeting started, see When and Where. Help spread the word.

**Speakers List** Contact **Jen H**, [speakerlist@d7afg.org](mailto:speakerlist@d7afg.org)

If interested in sharing your story.

**Technology/Website** Send group event flyers and information to **Ed**, [webkeeper@d7afg.org](mailto:webkeeper@d7afg.org)

**When and Where** Printed quarterly. All updates should go to Group Records who will then forward them to When and Where Chair, Bonnie





**NEWS FROM**  
**WSO**  
**WORLD SERVICE OFFICE**

# FORUM ARTICLE

## Awareness, Acceptance, and Action

When I arrived in Al-Anon, I had a limited ability to identify specific feelings. I recognized anger and maybe sadness but had no clue about fear or shame. I had no idea that shame was affecting my daily choices. Overcoming and understanding my shame led me to the three A's of Al-Anon—awareness, acceptance, and action.

Gaining awareness of the deep shame I felt took years of working with Sponsors, attending meetings, reading Conference Approved Literature (CAL), and doing several Fourth Steps. As a foster child, I grew up believing that something was fundamentally wrong with me (one definition of shame) because no one would adopt me. One of my foster parents was a “dry drunk,” and her comments about and to me reinforced the belief that no one wanted me. I never shared this belief with anyone but carried it deep inside into my adult relationships and behaviors. I married an alcoholic and finally found Al-Anon. Slowly, over many years of working my program, I became aware of this deep shame.

Acceptance has often been hard for me, but making a list of the behaviors that cause me shame and the people that trigger my shame is easier today. I can accept that I was ashamed of myself as well as of other people's behavior.

Action is still a work in progress. Today, I identify my behaviors that are motivated by shame. Perfectionism, blaming myself for everything, and people-pleasing are signals that I am acting out of that old shameful habit. I seek the help of my Higher Power and talk to my Sponsor and Al-Anon friends to clarify my thoughts. I know that with acceptance and use of my Al-Anon tools, I can adjust my perspective and regain a balanced view of myself and my part in life's situations.

*By Madeline S., Wyoming*

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Reprinted with permission of *The Forum*, Al-Anon Family Group Headquarters, Inc., Virginia Beach, VA.

# NEWS FROM WORLD SERVICE OFFICE

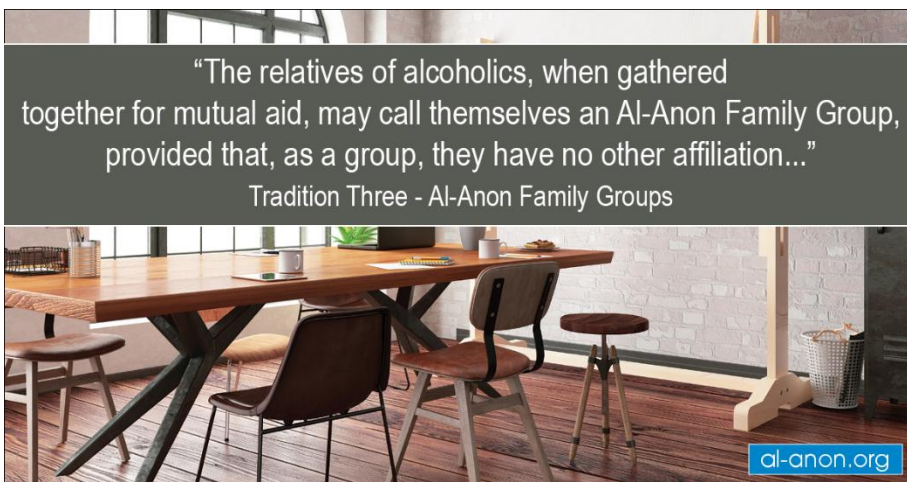
## No Affiliation with Meeting Space Facilities

When starting new AI-Anon and Alateen groups, members may look for publicly accessible, inexpensive meeting spaces to rent. Places of public worship, clubs, hospitals, and schools are common locations. Common spaces for electronic meetings include Zoom, Skype, and WhatsApp.

Tradition Three states, “The relatives of alcoholics, when gathered together for mutual aid, may call themselves an AI-Anon Family Group, provided that, as a group, they have no other affiliation.” Group members may be employees, members, or volunteers at these meeting locations, but that bears no influence on nor implies any affiliation with the meeting space.

Dictionaries define “affiliation” as “being closely associated with a particular company.” When sharing meeting information with newcomers, some may shy away from recommending particular venues, believing we have some kind of vested interest in supporting them. This is not the case. Thus, it may be helpful to share in our meetings what member contributions and group funds do and don’t support when “passing the basket” to fulfill our Seventh Tradition of self-support.

Each group meets its expenses according to the “Use of Group Funds” Policy found in the “Digest of AI-Anon/Alateen Policies” section of the current *AI-Anon/Alateen Service Manual* (P-24/27) on [al-anon.org](http://al-anon.org). The many ways the World Service Office supports each group are listed on the back of each Quarterly Appeal Letter, which is read aloud in meetings by the trusted servant who holds the Current Mailing Address (CMA) position for the group.



# DISTRICT 7 CONTACT INFORMATION

Position	Name	Email
District Representative	Heather D	dr@d7afg.org
Alternate District Representative	Victoria P	alternatedr@d7afg.org
District Treasurer	Sandy L	treasurer@d7afg.org
District Secretary	Lili	District_secretary@d7afg.org
District Information Services Liaison	<b>OPEN</b>	disl@d7afg.org
DISL Secretary	Jan B.	Dis_secretary@d7afg.org
Literature Distribution Center	Kimberly H	literature@d7afg.org
AA Liaison	<b>OPEN</b>	aaliaison@d7afg.org
Al-Anews	Laurie L	alanews@d7afg.org
Alateen	<b>OPEN</b>	alateen@d7afg.org
Archives	Shelly F.	archives@d7afg.org
Cooperating with the Professional Community (CPC)	Donna S	cpc@d7afg.org
District Alateen Process Person	Sharon C	dapp@d7afg.org
Group Records	Patty	grouprecords@d7afg.org
Information Line	Carolyn L	informationline@d7afg.org
Institutions	<b>OPEN</b>	institutions@d7afg.org
Public Information	Shira P	publicinformation@d7afg.org
Spanish	Fanny	spanish@d7afg.org
Speakers List	Jenny	speakerslist@d7afg.org
Technology/Website	Ed Mc	webkeeper@d7afg.org
When and Where	Bonnie	whenandwhere@d7afg.org
Hospitality	Kathy	hospitality@d7afg.org



**Next District Meeting**  
 (Monthly meeting for GR's, District trusted servants  
 and any interested members)

**Saturday APRIL 12, 2025**

Door opens at 8am. Meeting starts at 9am.  
 CENTRAL CHURCH OF CHRIST  
 Fellowship Hall: 1454 Belleair Rd. Clearwater 33756