

AL-ANEWS

VOL. 1 DISTRICT 7 NO. 8

District/Area Information

Mark your calendar
All welcome to all
events

August						10 District Meeting
						17 Joy of Service Workshop
						24
						31
September				5 NFA Convention	6 NFA Convention	7 NFA Convention
8 NFA Convention						14

Al-Anon Declaration

Let It Begin with Me—
When anyone, anywhere, reaches out for help,
let the hand of Al-Anon and Alateen always be
there, and
Let It Begin with Me.



God,
grant me the
serenity
to accept the things
I cannot change,
the **courage**
to change
the things I can,
and the
wisdom
to know the
difference.

Joys of Service Workshop

DATE: AUGUST 17, 2024 9:00AM – 3:30PM
LOCATION: ST. CATHERINE OF SIENA CATHOLIC CHURCH
1955 S. BELCHER RD, CLEARWATER FL 33764

HOSTED BY: DISTRICT 7 – PINELLAS COUNTY
THEME: THE JOYS OF SERVICE

"A feeling of great pleasure and happiness"

Who should attend??

Any AI-Anon member

MAIN OBJECTIVE: Helping members recognize that service participation is vital to personal recovery and to the future availability of AI-Anon to families and friends of alcoholics.

COME AND SHARE YOUR ESH
WORKSHOPS - FELLOWSHIP – BREAKFAST & LUNCH

WE WILL BE USING THE FOLLOW LITERATURE FOR THE WORKSHOPS:

- *WHEN I GOT BUSY, I GOT BETTER (P-78)*
- *THE JOY OF SERVICE (S-57)*
- *AL-ANON'S BEST KEPT SECRETS - CONCEPTS OF SERVICE (P-57)*

\$20 registration includes

Breakfast and Lunch

REGISTRATION 3 WAYS



#1 Online with QRcode

#2 Email: serviceworkshop2024@afgarea9.org

#3 Go online to Area 9 website www.afgarea9.org

For more information

What you will find at Joys of Service Workshop

Raffle Baskets

Raffle Tickets:

6 for \$5 / 1 for \$1

50/50 Tickets:

6 for \$5 / 1 for \$1

Asking groups, or individuals to
donate baskets

Speakers

Followship

**District 7 is hosting this event
Come and support our District**

District 7 Upcoming Anniversaries

CELEBRATE Good Morning Al-Anon's ANNIVERSARY



OCT 27TH 1030 AM

St Anthony's Hospital
BASEMENT AUDITORIUM
1200 7TH AVENUE, 33705

Come Work ALL 12 Steps
using Al-Anon CAL!

Let It Begin With Me

AN AL-ANON 12 STEP STUDY WORKSHOP

Sat, Aug 17, 10 - 2pm (Eastern)

Potluck!

Online & in person

Zoom: 291 652 3853

Password: serenity

St Luke's, 4444 5th Ave N, St Pete

▲ Pasadena Tranquility AFG

Info (330) 328-1221 text only

Newbies Welcome!



Women's Gottawanna AFG
15th Anniversary Meeting
September 25, 2022 at 7:30 p.m.

Riviera United Methodist Church
175 62nd Avenue North
St. Petersburg, FL 33702

Food, Fun, Fellowship, Speakers
Bring a dish to share.

SAILING TOWARD SERENITY

2024 FLORIDA NORTH AFG CONVENTION

SEPTEMBER 6-8, 2024

HILTON DAYTONA BEACH OCEANFRONT RESORT

GET ON BOARD!

RESERVE YOUR CABIN TODAY!

Scan QR Code:



Or Sail to:

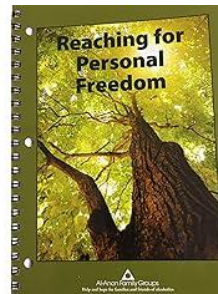
<https://www.afgarea9.org/convention2024.html>

Workshops Speakers Raffles Banquet Boutique Serenity Room

New District 7 Meetings



**AL-ANON
WEDNESDAY BOOK DISCUSSION GROUP**



Current Book



WEDNESDAYS 12:30 PM
Our Lady of Lourdes Church (OLL) -Dubois Center
750 San Salvador Drive
Dunedin, FL

Take entrance to OLL, bear to right as you approach church. Dubois Center is on the right in the back of the church. It is the only white building on campus. Use available parking. Entering the center, Classroom A is the 2nd door to the left. It is the door to the right of the Faith Formation office.

There will be Al-Anon signs.

LITERATURE

The Principles Permeate My Life

When I started in Al-Anon, I had just turned 30 and met a great guy (my future husband) who was really involved in Alcoholics Anonymous (A.A.). He suggested I try Al-Anon because I was resentful about how many meetings he went to! I resisted at first but then tried it, even though I had no idea what it was all about.

Mind you, my parents were active alcoholics, but I didn't make the connection that this was part of the insanity of my life. At first, I did not care for the part of the meetings where someone would read, "It is possible for us to find contentment, and even happiness, whether the alcoholic is still drinking or not." Well, 21 years later, my parents still have not found sobriety, but our relationship has improved immensely. I have learned to separate them from their disease. I understand now that alcoholism is a disease, whereas I used to think it was a choice. Today, I have compassion for my parents.

I also go to open A.A. meetings, which helps me understand that my alcoholic loved ones do feel shame and guilt. I don't see that in my parents per se, but I trust that this is true. I've learned that hurt people hurt people. I know that my parents love me, but they have also hurt me. I'm incredibly grateful that I have the opportunity to break the cycle of addiction by implementing the tools of this program within my own family. My boys know that their dad and I are in recovery. They are also aware that alcoholism and addiction run in our family, and they know where to get help if they ever need it.

I can no longer delineate where my program starts and ends because it has truly permeated all areas of my life. I use the principles at work, in my community, and, mostly, in my own home (which is often the most difficult place of all). Al-Anon has made me a better daughter, wife, mother, and friend by teaching me that I have choices, that "No" is a complete sentence, and that boundaries are enforceable when they are for my protection (instead of being punitive).

I love getting to share what I have learned with others. Being sponsored and sponsoring others are just two more wonderful ways I get to forge even deeper relationships with people who really can relate to the emotional depths that life with an alcoholic can bring. This program is work, but it is worthwhile work! And I believe I am worth the work, because I gain the greatest rewards. I have never felt more comfortable in my own skin than I do now. Service in Al-Anon has given me strong relationships with others and played a huge part in keeping me humble and accountable. I look forward to learning and growing even more as my Higher Power guides my ongoing journey of self-discovery.

By Brianna M., Idaho

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District 7 Alateen Meetings

Beacon of Hope Alateen*

Tuesday 8pm

Christ Lutheran Church

3451 30th Ave N.

St Petersburg, FL 33713

*** AA and Al-Anon meet at same time**

Countryside Friday Night Alateen* Friday 7pm North

Northwood Presbyterian Church Rm#8

2875 SR-580

Clearwater, FL 33761

*** Al-Anon meets at same time**

Direct from the Alateen portion of the Area website at afgarea9.org/alateen-resources-panel-64.html which reads "Al-Anon members in Alateen Service (AMAIS) are the backbone of our Alateen program in the Area. These Al-Anon members agree to participate in training, background checks and frequent contact with Area trusted servants so that information is current and up to date at all times. Many AMAIS provide the necessary support to have Alateen meetings by being Alateen Group Sponsors, Alateen Group CMAs, Alateen Group Financial support (keeping the money) and attending meetings to keep the spaces safe for everyone. In addition, members who would like to chaperone, drive or provide other support service at events with Alateens agree to go through the certification process." So you can do other Alateen service as well as sponsor Alateen meetings as long as you are a certified AMAIS!! Contact Sharon C at DAPP@d7afg.org for more information. Also contact me if you are interested in starting a new Alateen meeting in District 7.

For Al-Anon members looking to become an AMAIS or current AMAIS, the next trainings are scheduled for

October 10, 2024 from 6:30 pm to 9 pm

November 9, 2024 from 9 am to noon.

For more information on the trainings contact Judy, Area Alateen Coordinator at Alateen-64@AFGArea9.org or Karyn, Area Alateen Process Person at AAPP-64@AFGArea9.org.

If you are a currently certified AMAIS and if you plan to attend the **NFA Convention** in Daytona Beach this September **your help is needed**.

There are Alateen meetings scheduled and AMAIS are needed to conduct the meetings. For further information and to sign up, contact the Area Alateen Coordinators listed above.

NEED TO CONTACT SOMEONE?

Position	Name	email
District Representative	Heather D	dr@d7afg.org
Alternate District Representative	Victoria P	alternatedr@d7afg.org
District Treasurer	Sandy L	treasurer@d7afg.org
District Secretary	Lili	District_secretary@d7afg.org
District Information Services Liaison	Ana	disl@d7afg.org
DISL Secretary	OPEN	Dis_secretary@d7afg.org
Literature Distribution Center	Kimberly H	literature@d7afg.org
AA Liaison	Danielle C	aaliaison@d7afg.org
AI-Anews	Laurie L	alanews@d7afg.org
Alateen	OPEN	alateen@d7afg.org
Archives	Shelly F.	archives@d7afg.org
Cooperating with the Professional Community (CPC)	Donna S	cpc@d7afg.org
District Alateen Process Person	Sharon C	dapp@d7afg.org
Group Records	Patty	grouprecords@d7afg.org
Information Line	Carolyn L	informationline@d7afg.org
Institutions	OPEN	institutions@d7afg.org
Public Information	Shira P	publicinformation@d7afg.org
Spanish	Fanny	spanish@d7afg.org
Speakers List	Jenny	speakerslist@d7afg.org
Technology/Website	Ed Mc	webkeeper@d7afg.org
When and Where	Stephanie	whenandwhere@d7afg.org
Hospitality	Kathy	hospitality@d7afg.org



Next District Meeting
 (Monthly meeting for GR's, District trusted servants
 and any interested members)

Saturday September 14, 2024

Door opens at 8am. Meeting starts at 9am.

CENTRAL CHURCH OF CHRIST

Fellowship Hall: 1454 Belleair Rd. Clearwater 33756