

# AL-ANEWS

VOL. 1 DISTRICT 7 NO. 9

## District/Area Information



Welcome to our new Treasurer, Sandy  
And Jan our new DISL Secretary



### NFA-AFG FALL ASSEMBLY

Friday October 11th 4:00pm - Sun 13th 12:00pm  
Hilton Altamonte Springs, 350 Northlake Blvd  
Altamonte Springs, FL 32701, USA

Registration open at [area9afg.org](http://area9afg.org)

After a very successful  
2024 NFA Convention this past weekend,  
Area 9 has announced the 2025 NFA Convention

**2025 FLORIDA  
NORTH AREA  
CONVENTION**

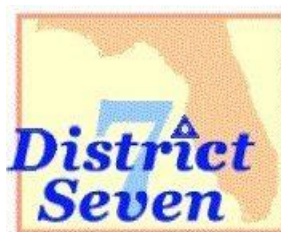


**CARIBE ROYALE  
ORLANDO  
AUGUST 29-31,  
2025**

More info to be announced.

### Al-Anon Declaration

Let It Begin with Me—  
When anyone, anywhere, reaches out for help,  
let the hand of Al-Anon and Alateen always be  
there, and  
Let It Begin with Me.



*God,*  
grant me the  
**serenity**  
to accept the things  
I cannot change,  
the **courage**  
to change  
the things I can,  
and the  
**wisdom**  
to know the  
difference.

# JOIN US

Al-Anon District 7  
Gratitude Luncheon

Potluck

AA and  
Al-Anon  
Speakers

Raffle

Fellowship

“Joyfully  
Lifting our Hearts  
with Gratitude”

November 23, 2024

10:30- 3:00pm

St. Catherine of Siena Church

1955 South Belcher Road

Clearwater, FL 33764

## To District 7 Group Reps

### **Important information regarding our District Gratitude Luncheon.**

**This event is about fellowship, food and fun. There is no registration or fee. Everyone is welcome to come and enjoy themselves.**

**It is suggested that each group donate \$10 to the cost of providing the main meal, rental of the facility and other costs involved with running this event.**

**There will be an envelope for each group at the district meeting on Saturday, 9/14, to place check or money in. The envelope will also have the treasurer's address and can be used to mail in the donation.**

**We will also be having a Raffle. Encourage your group to bring in items and fill a basket. Bring them to the luncheon.**

**Let's keep this simple!**

**Please announce at your meeting that we are still in need of a Food Chairperson and a Beverage Chairperson.**

# **Joyfully Lifting Our Hearts with Gratitude**

**November 23, 2024**

**10:30- 3:00pm**

**St. Catherine of Siena Church  
1955 South Belcher Road  
Clearwater, FL 33764**

**Al-Anon District 7  
Gratitude Luncheon**



## District 7 Upcoming Anniversaries



### Women's Gottawanna AFG 15th Anniversary Meeting

September 25, 2024, at 7:30pm

Riviera United Methodist Church  
175 62nd Avenue North  
St. Petersburg, FL 33702

Food, Fun, Fellowship, Speakers  
Bring a dish to share.

CELEBRATE  
**Good Morning Al-Anon's**  
ANNIVERSARY



Please bring something to share

OCT 27TH 10:30 AM

St Anthony's Hospital  
BASEMENT AUDITORIUM  
1200 7TH AVEN, 33705

# Other Area Events

Al-Anon District 8 - 2024

**FALL INTO SERENITY**

## Gratitude BRUNCH

Hosted by Country Serenity & Serenity at Seven AFG Groups

**Saturday, September 28th, 2024  
10:30AM - 1:30PM**

St. Catherine's Episcopal Church  
502 Druid Hills  
Temple Terrace, FL 33617

Al-Anon and AA Speakers  
Raffles - Baskets & 50/50  
(Baskets and donations  
for raffles are needed.)

Please Bring a  
Covered Dish to Share

ZELLE monetary donations electronically  
to the Country Serenity Treasurer at  
**813-220-6421**  
MEMO: GRATITUDE LUNCH DONATION



**DISTRICT 8  
FAMILY FALL PICNIC FUN  
OCTOBER 5, 2024  
11:00-3:00PM**

**Lake Park (Hillsborough County)  
17302 N Dale Mabry Hwy,  
Lutz, FL 33548  
Pavillion #3 "Eagle"  
\$2 per vehicle to enter park**

- HAMBURGERS, HOTDOGS AND WATER WILL BE PROVIDED!  
SOFT DRINKS SOLD FOR ALATEEN FUNDRAISER**
- **BRING A SIDE DISH OR DESSERT TO SHARE!**
  - **AND A COMFORTABLE CHAIR TO SIT!**
  - **FAMILIES WELCOME!!**

**HAVE QUESTIONS? CONTACT US AT:**

**[events@tampabayalanon.org](mailto:events@tampabayalanon.org)**

**Sponsored by  
Tuesday Lutz Experience,  
Strength and Hope**



**Al-Anon and Alateen**



*District 9*

*Annual Gratitude Luncheon*

*Saturday, October 19, 2024 10:30- 1:30*

*First Church of God*

*215 S. Perry Ave. Fort Meade, FL*

*Purchase tickets in advance \$10*

*Potato Bar and Drinks Provided*

*Please bring a green salad, fruit or dessert to share*

*Al-Anon Speaker and AA Speaker*

*All are welcome*

*Raffle and 50/50*

*Bring a Basket or Treasure for the Raffle*

**Al-Anews District 7 (Pinellas County) FL North Area 9, Panel 64 \* September 2024**

# Al-Anon 6<sup>th</sup> Tri-State Winter Weekend 2024



LIVE-NOT JUST EXIST

Friday December 13<sup>th</sup>-Sunday December 15<sup>th</sup>

Join us for a fun filled weekend of spiritual growth, recovery, and fellowship at the beautiful

Epworth by the Sea Conference and Retreat Center

100 Arthur J Moore Drive, St Simons Island, GA 31522

Each State Host will present a speaker telling us about their recovery and how Al-Anon has helped them live a full meaningful and satisfying life. Three Speaker sessions. There will be a "Clue Hunt.", a "Read My Mind" team building, and an Al-Anon Lingo challenge. Plus attend one of the lively Al-Anon workshops, or join the candlelight mediation, or Smore's fellowship around a fireplace. Raffles, Boutique, Hospitality cottage and so much more.

Hosted by: Kristen M, Jacksonville FL, Tina D. Yulee FL, Karena Z. Byron Georgia and Barbara T. Charleston SC.

Epworth By the Sea accommodation. Call the lobby desk at (912) 638-8688.

Accommodation payment goes directly to Epworth.

Rates are per person, based on the number of adults staying in the room together, and include lodging for 2 nights, 6 meals, and taxes. Rates are subject to change based on any change to taxes.

**EARLY ARRIVALS TURNER LODGE - 20% DISCOUNT - NO MEALS**

BUILDING:	Single	Double	Triple	Quad
Turner Lodge:	\$406.24	\$279.20 - EACH	\$228.24 - EACH	\$203.94 - EACH
Robertson Inn:	\$385.12	\$258.08 - EACH	\$211.82 - EACH	\$196.90 - EACH
Pitts/Booth:	\$340.52	\$239.30 - EACH	\$197.74 - EACH	\$185.16 - EACH

Example: 4 people stay in Pitts room. Each pays \$185.16 and that is the total per person, and it includes Friday and Saturday night plus 6 buffet-style meals. This equals to roughly less than \$95 per day. A great deal.

Al-Anon registration is \$20 (\$15 early discount if paid by September 30th) to be mailed in with the following coupon.

**PLEASE PRE-REGISTER.** This helps the Hosts plan accordingly. The onsite registration is \$30 and opens at 3:30p.

Hopitality Room: Will you bring a snack to share? IT IS GREATLY APPRECIATED!

## AFG TRI-STATE WINTER WEEKEND REGISTRATION FORM

FOR EACH PERSON ATTENDING, COMPLETE THE FORM BELOW AND MAIL WITH A CHECK (FOR EVENT REGISTRATION) FOR \$20 PAYABLE TO AFG TRI-STATE TO: Mary Anne, 2440 Mayport Rd., Ste 7, Atlantic Beach, FL 32233. (ONLY \$15 IF PAID BY SEPT. 30.)

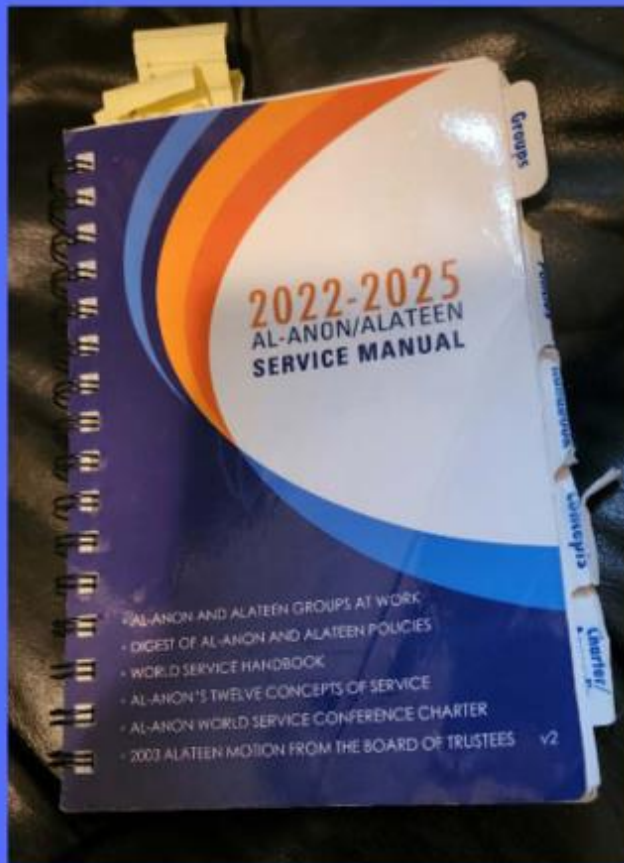
Name: \_\_\_\_\_ Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone No: \_\_\_\_\_ E-mail: \_\_\_\_\_

REGISTRATION FEE IS TRANSFERABLE BUT NOT REFUNDABLE.

Questions? E-mail: Afgtristate@gmail.com

Al-Anews District 7 (Pinellas County) FL North Area 9, Panel 64 \* September 2024





**Who: Al-Anon members  
District 2 (all are welcome)**

**What: taking a closer look at--  
Al-Anon and Alateen Groups at Work  
Digest of Al-Anon and Alateen Policies  
World Service Handbook  
Al-Anon's Twelve Concepts of Service**

**Where: electronic  
Zoom ID: 867-9129-0197  
Passcode: NOFLA9D2**

**When: Wednesdays at 5:00 pm East Coast time (USA)**

**Why: Together We Can Make It ( and become more familiar with our  
Service Manual)**



# LITERATURE

## Letting Go of Second-Guessing

It happened again. Soon after I shared my honest feelings with a loved one, I doubted myself. *Had I said too much? Would it have been better if I'd kept quiet?* Growing up gay in a home affected by alcoholism, I learned to keep quiet about my feelings. Much of my life before Al-Anon was spent in fear of speaking my truth. I thought that if I shared who I really was and how I really felt, people would stop loving me. It became hard to trust myself, let alone anyone else.

Today, my Higher Power is giving me the courage to speak up in some situations, and to accept when silence is best in others. Reading the *Just for Tonight* bookmark (M-81) every night before bed has allowed me to recognize and gently let go of second-guessing myself. I do "take comfort in knowing that every event and circumstance that occurred today can be used for my good and the good of others." That sentence gives me permission to stop judging and analyzing myself; the day is over. Now it belongs to my Higher Power, who can use it for my good and the good of others. "Just for Tonight," I can set any lingering worries aside and "look forward to awakening to the new day, feeling rested and ready to follow my Higher Power's guidance."

*By Kevin S., Iowa*

*Reprinted with permission of The Forum, Al-Anon Family Group Headquarters, Inc., Virginia Beach, VA.*

## ***District 7 Alateen Meetings***

**Beacon of Hope Alateen\***

**Tuesday 8pm**

**Christ Lutheran Church**

**3451 30th Ave N.**

**St Petersburg, FL 33713**

**\* AA and Al-Anon meet at same time**

**Countryside Friday Night Alateen\* Friday 7pm North**

**Northwood Presbyterian Church Rm#8**

**2875 SR-580**

**Clearwater, FL 33761**

**\* Al-Anon meets at same time**

Direct from the Alateen portion of the Area website at [afgarea9.org/alateen-resources-panel-64.html](http://afgarea9.org/alateen-resources-panel-64.html) which reads "Al-Anon members in Alateen Service (AMAIS) are the backbone of our Alateen program in the Area. These Al-Anon members agree to participate in training, background checks and frequent contact with Area trusted servants so that information is current and up to date at all times. Many AMAIS provide the necessary support to have Alateen meetings by being Alateen Group Sponsors, Alateen Group CMAs, Alateen Group Financial support (keeping the money) and attending meetings to keep the spaces safe for everyone.

In addition, members who would like to chaperone, drive or provide other support service at events with Alateens agree to go through the certification process." So you can do other Alateen service as well as sponsor Alateen meetings as long as you are a certified AMAIS!! Contact Sharon C at [DAPP@d7afg.org](mailto:DAPP@d7afg.org) for more information. Also contact me if you are interested in starting a new Alateen meeting in District 7.

**For Al-Anon members looking to become an AMAIS  
or current AMAIS, the next trainings are scheduled for:**

**October 10, 2024 from 6:30 pm to 9 pm**

**November 9, 2024 from 9 am to noon.**

**For more information on the trainings contact Judy, Area Alateen  
Coordinator at [Alateen-64@AFGArea9.org](mailto:Alateen-64@AFGArea9.org) or Karyn, Area Alateen  
Process Person at [AAPP-64@AFGArea9.org](mailto:AAPP-64@AFGArea9.org).**

# NEED TO CONTACT SOMEONE?

Position	Name	email
District Representative	Heather D	dr@d7afg.org
Alternate District Representative	Victoria P	alternatedr@d7afg.org
District Treasurer	Sandy L	treasurer@d7afg.org
District Secretary	Lili	District_secretary@d7afg.org
District Information Services Liaison	Ana	disl@d7afg.org
DISL Secretary	Jan B.	Dis_secretary@d7afg.org
Literature Distribution Center	Kimberly H	literature@d7afg.org
AA Liaison	Danielle C	aaliaison@d7afg.org
Al-Anews	Laurie L	alanews@d7afg.org
Alateen	<b>OPEN</b>	alateen@d7afg.org
Archives	Shelly F.	archives@d7afg.org
Cooperating with the Professional Community (CPC)	Donna S	cpc@d7afg.org
District Alateen Process Person	Sharon C	dapp@d7afg.org
Group Records	Patty	grouprecords@d7afg.org
Information Line	Carolyn L	informationline@d7afg.org
Institutions	<b>OPEN</b>	institutions@d7afg.org
Public Information	Shira P	publicinformation@d7afg.org
Spanish	Fanny	spanish@d7afg.org
Speakers List	Jenny	speakerslist@d7afg.org
Technology/Website	Ed Mc	webkeeper@d7afg.org
When and Where	Stephanie	whenandwhere@d7afg.org
Hospitality	Kathy	hospitality@d7afg.org



No October District Meeting

**Next District Meeting**  
 (Monthly meeting for GR's, District trusted servants  
 and any interested members)

**Saturday November 9, 2024**

Door opens at 8am. Meeting starts at 9am.  
 CENTRAL CHURCH OF CHRIST  
 Fellowship Hall: 1454 Belleair Rd. Clearwater 33756

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