

AL-ANEWS

VOL. 1 DISTRICT 7 NO. 3

DISTRICT INFORMATION

NEW ADDRESS

DISTRICT 7 AFG, INC. 4604 49TH ST, SUITE 1294 ST PETERSBURG, FL 33709

SERVICE NEEDED:

TREASURER

Needed to keep District in line with Tradition 7. Also since money changes hands within and without of District 7 it is imperative that we have a person willing to step up and be that person. Bob W. former treasurer is very willing to transfer, instruct and support you on what you need to do. You DO NOT need to be an accountant for finance person.

DISL

This person connects (is liaison) the District 7 Panel and the District 7 Information Services Chairpeople

GROUP RECORDS CHAIR

Keeps District 7 current with World Service Office. Extremely important for processing information up and down the Al-Anon pyramid.

AREA 9 ASSEMBLY

NFA-AFG Spring Assembly

Fri May 3rd 4pm - Sun 5th 12pm
Hilton Altamonte Springs,
350 Northlake Blvd,
Altamonte Springs, FL 32701

Registration

Begins March 19 Closes April 19

Register through afgarea9.org

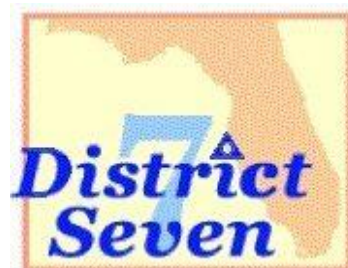
Hotel is \$132 a night
double occupancy

Register with roommate's name

Each group provides its GR with sufficient funds to fulfill the GR duties including participation in the Assembly. Expenses may include meals, transportation, lodging, and registration fees.

Al-Anon Declaration

Let It Begin with Me—
When anyone, anywhere, reaches out for help,
let the hand of Al-Anon and Alateen always be
there, and
Let It Begin with Me.



God,
grant me the
serenity
to accept the things
I cannot change,
the **courage**
to change
the things I can,
and the
wisdom
to know the
difference.

Al-Anews District 7 (Pinellas County) FL North Area 9, Panel 64 * March 2024

GROUP HAPPENINGS

PLEASE SEND YOUR GROUP HAPPENINGS TO
alanews@d7afg.org
DEADLINE IS FIRST FRIDAY OF MONTH

DAY OF WORKSHOPS

JUNE 1

MORE TO BE REVEALED ON
NEXT PAGE

TO VOLUNTEER
USE QR CODE

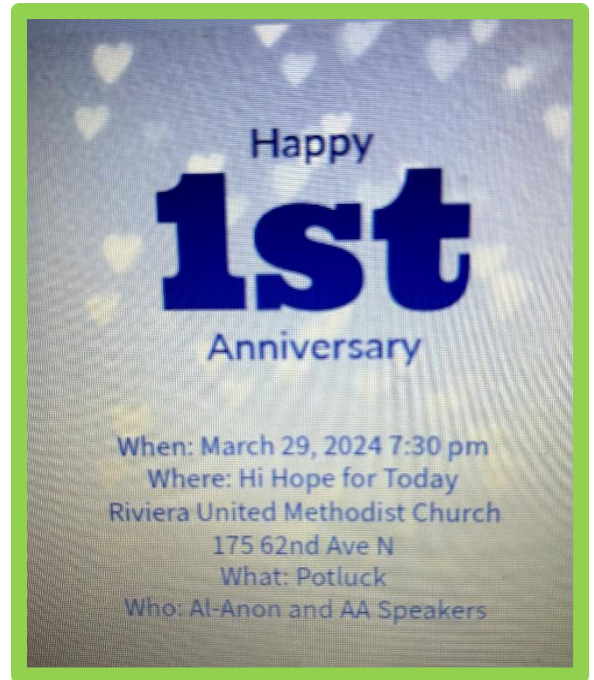


Begin With Me AFG Sunday Night
34th Anniversary Meeting
March 10, 2024

Lutheran Church of the Palms
2250 Nebraska Ave
Palm Harbor, 33683

Doors Open @ 5:45PM - Dinner at 6:00PM
AA & Al-Anon Speakers at 7:00 PM
Please bring a dish to share and a friend.
All are invited

There will be a 50/50 Raffle and a book
giveaway of your choice.
Tickets 5 for a \$1.00 a real bargain!



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CHATS FROM THE DIS COMMITTEES

LDC

How to contact the LDC and
Place an order:

Literature@d7afg.org.

LDC is now up and running.



ANY CHAIRPERSON CAN SUBMIT INFORMATION FOR AL-ANEWS

Send information to
Alanews@d7afg.org

ALATEEN CHAIR

Contact Sharon
dapp@d7afg.org

All current AMIAS need to be
recertified with all paperwork
and attendance at FRESH
trainings and background
checked by April 11, 2024.

Last training before deadline is March 30th

Do you want to know about the
exciting events and happenings?

SCAN HERE:



OPEN EMAIL:
JUST HIT ARROW TO SEND
Al-Anews is no longer
being printed by District.

AFG North Florida District 7 Day of Workshops "Al-anon's Butterfly Garden of Transformation"

Sat. June 1st

8AM-3:30PM

Deadline to Pre-Register is
Wednesday, May 22nd!

Register Now!

\$10 Pre-Registration Price
\$15 Day of Price
Preorder Lunch for \$10



ST. CATHERINE OF SIENA CATHOLIC CHURCH
1955 S Belcher Rd, Clearwater, FL 33764
EMAIL: dowchair@d7afg.org

WORKSHOPS | RAFFLES | BOTIQUE | FOOD | FELLOWSHIP

Cut and detach pre-registration form to mail in.

AFG North Florida District 7 Day of Workshops "Al-anon's Butterfly Garden of Transformation" Pre-Registration Form

Deadline to Pre-Register is
Wednesday May 22nd!

Mail in your check, money order, or cash with your Pre-Registration Form to:
DOW Treasurer: Sharon Clawson
4100 62nd Ave. N. Apt 19 Pinellas Park, FL 33781
Make Checks out to: Sharon Clawson

Pre-Registration is \$10 per person if mailed in advance. Day of registration is \$15 at the door.
Payments can be sent in form of check, money order, cashiers check, or cash.

Name of Attendee 1: _____

Phone Number: _____

Email: _____

Name of Attendee 2: _____

Phone Number: _____

Email: _____

LUNCH OPTIONS

Catered lunch will be provided for an additional \$10 per person, but must be purchased in advance. Catered lunches will not be available to purchase the day of. To pre-order catered lunch, please select the following options:

Attendee 1 Lunch \$10:

- ☐ Standard Sandwich/Wrap
☐ Gluten Free Sandwich/Wrap.
☐ Vegetarian/Salad option

Attendee 2 Lunch \$10:

- ☐ Standard Sandwich/Wrap
☐ Gluten Free Sandwich/Wrap
☐ Vegetarian/Salad option

PAYMENT INFO

Total amount enclosed: \$ _____

Paid in the form of (circle one): Check Money order Cash

If paid by check, list check number: _____

Date sent: _____

Got questions? Contact DOW Treasurer Sharon at clawson50@yahoo.com

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INFORMATION ABOUT LITERATURE

When was the last time you read a FREE pamphlet?

What Do
YOU Do
about the
Alcoholic's
Drinking?

Great idea for a topic

How about reviewing
it for next month's
edition?

Al-Anon Family Groups
Help and hope for families and friends of alcoholics

Quotes from CAL literature
One of our fabulous resources and tools.

"Eventually we learn to accept ourselves as we are, to respect ourselves for what we have been through."

A Little Time for Myself p. 17

"When my Higher Power calls me, is the line open? (or is he getting a busy signal)"

Having Had a Spiritual Awakening p.35

"I am learning that giving doesn't have to take away from me or anyone else - if there are no strings attached, everyone stands to benefit."

Courage to Change p. 313

When I
Got Busy,
I Got
Better

Al-Anon Family Groups
Strength and hope for friends and families of problem drinkers

Great read!!! Maybe write a review

ALATEEN HAPPENINGS

District 7 Alateen Meetings

Beacon of Hope Alateen*

Tuesday 8pm

Christ Lutheran Church

3451 30th Ave N.

St Petersburg, FL 33713

* AA and Al-Anon meet at same time

Countryside Friday Night Alateen* Friday 7pm North

Northwood Presbyterian Church Rm#8

2875 SR-580

Clearwater, FL 33761

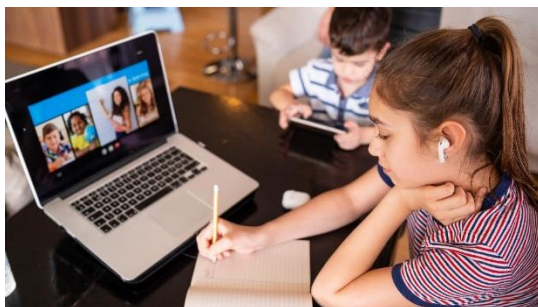
* Al-Anon meets at same time

WSO Alateen Resources

Teen Corner (Alateen) - Al-Anon Family Groups go to:

<https://al-anon.org/newcomers/teen-corner-alateen/>

Alateen meetings on the Mobile App are for young people aged 13 to 18 who have been affected by someone else's drinking. We are invited to share experience, strength, and hope with other teens.



Online Alateen meetings are only available through the WSO and teens can download the **Al-Anon Family Groups Mobile App** to find time for these meetings and attend them.

The meetings are only in English, and the times currently are:

Monday 6 pm ET

Monday 10 pm ET

Wednesday 7 pm ET

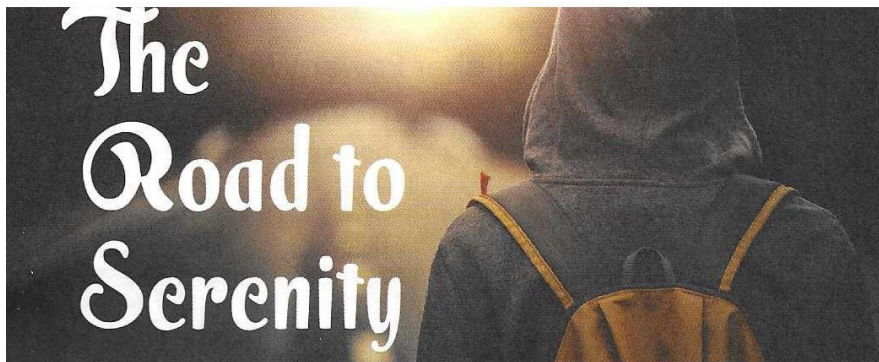
Wednesday 9:30 pm ET

Thursday 7:30 pm ET

When looking for a meeting, they will be displayed in local time for your area.

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WHAT IS HAPPENING IN THE FORUM?



Years ago, a friend in Alcoholics Anonymous (A.A.) shared the Twelve Steps with me and recommended I go to Al-Anon. He recognized how ill I was and understood why. I knew only that I lived in anger and despair. I didn't know I was desperately ill.

"I'd adopted many character defects as my way of dealing with life."

Upon reading the Twelve Steps, I was instantly stunned, as they expressed a way of life so different from the way I'd lived up to that point at age 46. At that time, I feared for my life, but I believed if I could learn to live in accordance with these Steps, my life would be saved. I did not realize then that alcoholism was even present in my life. I later learned I had been surrounded by it from birth.

What people said in meetings was foreign to me at first, but after a while I began to relate. In time, it became evident to me that I'd adopted many character defects as my way of dealing with life. Most, if not all, of these defects resulted in anger, which had then grown into rage. I persisted in attending my meetings even though self-knowledge came slowly and often painfully.

In time, my crippling thinking was replaced by what I call Al-Anon thinking. I was on the long road to serenity, though I didn't know it in the beginning. My blind, dumb persistence eventually led me to serenity, although it took quite a few years. It has been well worth the time and the work in Al-Anon.

By Bruce S., Minnesota

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AL-ANON.ORG

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Go to <https://www.al-anon.org/forum>
to subscribe online
or print out form in any
Forum you see at a meeting.

*Send in your
favorite article*

The Forum is the international monthly publication of Al-Anon Family Groups, a fellowship that offers strength & hope for the friends & families of problem drinkers. In the pages of this magazine, Al-Anon & Alateen members share their challenges, insights, & progress along their path of self-discovery & spiritual growth much in the way that they contribute when attending Al-Anon or Alateen meetings. Such sharing is important in helping readers find personal growth & peace of mind through the Al-Anon program. The magazine also includes topics for discussion at meetings as well as news & information from Al-Anon's World Service Conference and World Service Office.

WHAT IS HAPPENING AT WSO?

“The Forum”—What Is the Process?

Early in my Al-Anon recovery, I heard that it was my responsibility to ask for what I needed. So, I promptly gave my husband a list of ways I needed him to change. Imagine my shock and indignation when he did not drop everything and do what I asked!

Thankfully, some older, wiser members guided me to focus on myself. As I worked the Steps with my Sponsor, I learned to identify my legitimate needs and recognize my unrealistic expectations of others. It was truly a banner day when I had finally developed the courage to not only voice what I needed but also let go of any expectations for the outcome! Learning to “Let Go and Let God” take care of my needs gave me a freedom I’d never had before. My needs might not have been fulfilled in the way or at the time I imagined they would be, but speaking my truth and trusting my Higher Power brought growth and healing nonetheless.

When I review submissions to [The Forum](#) each month, I think about the courage it takes to “voice” one’s sharing in writing and send it in. I am grateful for every sharing received, and I honor the effort of the person who sent it. I understand that hitting the “Submit” button or dropping an envelope in the mail involves letting go and letting God determine the outcome. And, because we can’t publish every sharing, I trust that the act of writing and submitting furthers the growth and healing of every member who submits, whether their sharing is published or not.

But how, actually, is the decision to publish a sharing made? And what is the process that brings about a new issue of *The Forum* every month?

It has a lot to do with a very special group of volunteers: the *Forum* Editorial Advisory Committee (FEAC). This dedicated group of five At-Large Al-Anon members reads 50 sharings every month and makes recommendations for publication. They use a scoring system in which a score of 1 means “highly recommended,” 2 means “approved, but with less enthusiasm,” and 4 means “not suitable for publication.” These scores are not based primarily on the quality of the writing, but rather on the degree to which a sharing reflects the experience, strength, and hope of the Al-Anon program. In addition to giving numerical scores, FEAC members also comment on each sharing, noting what they found useful or moving, or, when a score of 4 is given, what excerpt might be appropriate for the “One Quote at a Time” feature or the back cover.

The FEAC and I meet online every three months, at which time the Committee members also provide feedback on recent issues of the magazine. Thus, the role of this volunteer At-Large Committee is crucial to *The Forum*, as a concept, being Conference Approved, which means it can be read at meetings and used as a recovery resource as well as being a vehicle for communication from the World Service Office (WSO).

In addition to the role of the FEAC, creating each issue of *The Forum* involves a number of WSO Staff members. From the FEAC-reviewed sharings, I, as editor, make selections; draft a manuscript; edit it for grammar, punctuation, clarity, and length; and then submit it to the Associate Director—Literature for review. Once his revisions are incorporated, the manuscript goes to the proofreader, and, finally, the Director of Programs for review.

Only then does the approved manuscript go to the graphic designer to be laid out in magazine form. The designer selects several member-submitted photographs as well as the stock photography that we purchase to complement the sharings. Stock photography is sourced and licensed from thousands of photographers who, along with their subjects, remain anonymous. Once the magazine is laid out, it goes through a second round of reviews and then to the Executive Director for final approval before being sent to the printer and ultimately to subscribers.

A Higher Power is clearly at work in this process, from the sharings received to the FEAC responses to the Staff collaboration and reviews. Sometimes, a sharing submitted years ago will present itself as just the piece needed for the current issue. This spiritual process helps me continue to grow, to trust, and to “Let Go and Let God” be in charge of the outcome.

By Carol C., Magazine Editor

The Forum, March 2024

WHAT IS HAPPENING IN AREA 9?

AREA9AFG.ORG



Convention 2024 will take place at:
Hilton Daytona Beach Oceanfront Resort
100 N Atlantic Ave, Daytona Beach, FL 32118

Negotiated rates are available
as long as rooms are available.

ROOM RATES
Room Rate / \$169 + taxes per
Includes Resort Fee \$25 for all rooms-
singles, doubles, triples and quads.

Rate is good from 3 days before and after
the Convention.
Self-parking discount of \$10
from prevailing rate of \$30

Self-parking Daily:
\$10 Off the Prevailing Rate of \$30
Valet \$40

TO REGISTER FOR THE HOTEL,
USE THIS LINK:
[NFA AFG INC Annual Convention \(hilton.com\)](https://www.hilton.com/nfa-afg-inc-annual-convention)
Phone Reservation:
(386) 254-8200



Be a Volunteer!!!!!!!

2024 Florida North AFG Convention sets sail

September 6-8, 2024

Hilton Daytona Beach Oceanfront Resort

Come aboard with us on our
Sailing Toward Serenity Adventure
Spend time with friends, Meet new friends

Come share your talents, even discover something new!

We need all hands on deck as our committee chairs chart their courses. Be a part of the planning and preparation during this coming year and/or sign up to volunteer during the convention. Any amount of time you can provide is much appreciated.

Sign on for duty in:

- ☒ Banquet
- ☒ Boutique
- ☒ Publicity
- ☒ Literature/CAL Bookstore
- ☒ Serenity Room
- ☒ Decorations/Signage
- ☒ Sargent at Arms
- ☒ Information/1st Aid
- ☒ Raffle
- ☒ Entertainment
- ☒ Hospitality
- ☒ Spanish Liaison

Contact Sara W. with any questions
and to sign up:

Conventionvolunteer2024@gmail.com



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NEED TO CONTACT SOMEONE

Position	Name	email
District Representative	Heather D	dr@d7afg.org
Alternate District Representative	Victoria P	altdr@d7afg.org
District Treasurer	OPEN	treasurer@d7afg.org
District Secretary	Pat	dsecretary@d7afg.org
District Information Services Liaison	OPEN	disl@d7afg.org
DISL Secretary	OPEN	Disl_secretary@d7afg.org
Literature Distribution Center	Kimberly H	literature@d7afg.org
AA Liaison	Danielle C	aaliason@d7afg.org
Al-Anews	Laurie L	alanews@d7afg.org
Alateen	OPEN	alateen@d7afg.org
Archives	OPEN	archives@d7afg.org
Cooperating with the Professional Community (CPC)	Donna S	cpc@d7afg.org
District Alateen Process Person	Sharon C	dapp@d7afg.org
Group Records	OPEN	grouprecords@d7afg.org
Information Line	Carolyn L	info@d7afg.org
Institutions	OPEN	institutions@d7afg.org
Public Information	Shira P	publicinfo@d7afg.org
Spanish	Fanny	spanish@d7afg.org
Speakers List	Jenny	speaker@d7afg.org
Technology/Website	Ed Mc	webkeeper@d7afg.org
When and Where	Stephanie	whenandwhere@d7afg.org
Hospitality	OPEN	hospitality@d7afg.org
Raffle/Registration	Lisa M.	raffle@d7afg.org



Next District Meeting

(monthly meeting for GR's, District trusted servants
and any interested members)

Saturday April 13, 2024

Door open at 8am. Meeting starts at 9am.

CENTRAL CHURCH OF CHRIST

Fellowship Hall: 1454 Belleair Rd, Clearwater 33756

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