



AL-ANEWS FOR



VOL. 1

DISTRICT 7 NO. 2

DISTRICT INFORMATION

SERVICE NEEDED

Tradition 7 states: "Every group ought to be self-supporting, declining outside contributions."

If you read about the Tradition, you will discover that it is not JUST financial support but SERVICE support as well.

District 7 is NOT Self Supporting and it will eventually cause a big problem

We need a **District Treasurer**

Needs to have served 3 years as a GR
Does not need to be accountant, just be willing to use a spreadsheet and deal with money.

We need a **Group Records Chairperson**

This person keeps meeting records for District, and sends to Area and WSO

Talk to your HP, your sponsor, other Al-Anon friends. Maybe talk to someone who has already held that position.

NEWS FROM THE EDITOR

ALPHABET SOUP YOU HEAR AT A DISTRICT OR AREA MEETING

- GR Group Representative
- DR District Representative
- AFG Al-Anon Family Group
- WSO World Service Office
- DIS District Information Services
- CDC Cooperating with the Professional Community
- LDC Literature Distribution Center
- D7 District 7
- A9 Area 9

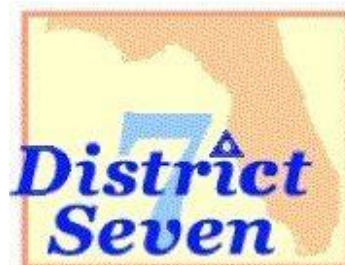
3C's can't Control, didn't Cause & can't Cure it
3A's Awareness, Acceptance and Action
CHAOS Can't Have Anyone Over Syndrome

NEW ADDRESS

DISTRICT 7 AFG, INC.
4604 49TH ST, SUITE 129A
ST PETERSBURG, FL 33709

Al-Anon Declaration

Let It Begin with Me—
When anyone, anywhere, reaches out for help,
let the hand of Al-Anon and Alateen always be
there, and
Let It Begin with Me.



God,
grant me the
serenity
to accept the things
I cannot change,
the **courage**
to change
the things I can,
and the
wisdom
to know the
difference.

GROUP HAPPENINGS

PLEASE SEND
YOUR GROUP
HAPPENINGS TO
alanews@d7afg.org

DEADLINE IS FIRST FRIDAY OF MONTH

**HI HOPES AFG
ZOOM
45th Anniversary
Feb. 23
8:00pm**

<https://zoom.us/j/8224201197>
Meeting ID: 822 420 1197
Password: 638389
Call in:
1(305)224-1969
1(646)931-3860



Sunday Night AFG Begin With Me
**34th Anniversary Meeting
March 10, 2024**

Lutheran Church of the Palms
2250 Nebraska Ave
Palm Harbor, 33683

Doors Open @ 5:45PM - Dinner at 6:00PM
AA & Al-Anon Speakers at 7:00 PM
Please bring a dish to share and a friend.
All are invited
There will be a 50/50 Raffle and a book
giveaway of your choice.
Tickets 5 for a \$1.00 a real bargain!

D7 AFG- Electronic Meetings List- 01.2024	
Sunday	Meeting ID: 864 3265 3930 Password: 0700
7pm Top of the Bay	Meeting ID: 878 899 8327 Password: 123456
Monday	Meeting ID: 774 521 001 Password: ODAAT
7pm (F2F & Zoom) Recovery in Relationships	Meeting ID 818 1081 2122 Password: password
Tuesday	Meeting ID: 894 7917 4334 Password 910379
1215pm Bright Hope AFG	Meeting ID: 522 837 580 password: 0800
630pm Serenity Seekers AFG	Meeting ID: 822 420 1197 Password: 638389
Wednesday	Meeting ID: 291 652 3853 Password: serenity
1030am- (F2F & Zoom) Wednesday Morning Stepping-Up	Meeting ID: 864 6338 9688 Password: 1979
7pm- (F2F & Zoom) Dimeadin Men's	Meeting ID: 869 8904 3143 Password: 987380
730pm (F2F & Zoom) Women's Gottawanna	Meeting ID: 822 420 1197 Password: 460
Thursday	Meeting ID: 198 401 134 Dial in #: 312 626 679 Password: 649335
1200 Beginners/1240 Reg- (F2F & Zoom)	
Friday	
11am Pasadena Tranquility	
7pm Here's "HOW"	
8pm Hi-Hopes	
Saturday	
1015am Beginners /11am Reg- (F2F & Zoom) Eleven & Eleven	

Al-Anews District 7 (Pinellas County) FL North Area 9, Panel 64

CHATS FROM THE DIS COMMITTEES

ALATEEN CHAIR

Contact Sharon
dapp@d7afg.org

All AMAIS will certify with Area 9, and through the Area process, will recertify on a yearly basis. Any Alateen group sponsor, substitute or temporary sponsor, chaperone or driver needs to complete this process. Contact Sharon C at dapp@d7afg.org to get details of how to complete this process.

All current AMAIS need to be recertified with all paperwork and attendance at trainings by April 11, 2024.

The AMAIS Training dates are:

February 10	9-12 pm
March 7	6:30-9 pm
March 30	9-12 pm
October 17	6:30-9 pm
November 9	9-12 pm

LDC

How to contact the LDC and Place an order: Literature@d7afg.org.
LDC is now up and running.



Al-Anews

I am looking for a person
to proof read my newsletters
It is a great service that doesn't
take long and you don't need
to go anywhere. This person just
needs to be willing.

Technology/Website

If you need help

With email or website

Contact

webkeeper@d7afa.org

**ANY CHAIRPERSON CAN
SUBMIT INFORMATION FOR
AL-ANEWS**

**Send information to
Alanews@d7afa.org**

Do you want to know about
the exciting events and
happenings?

SCAN HERE:

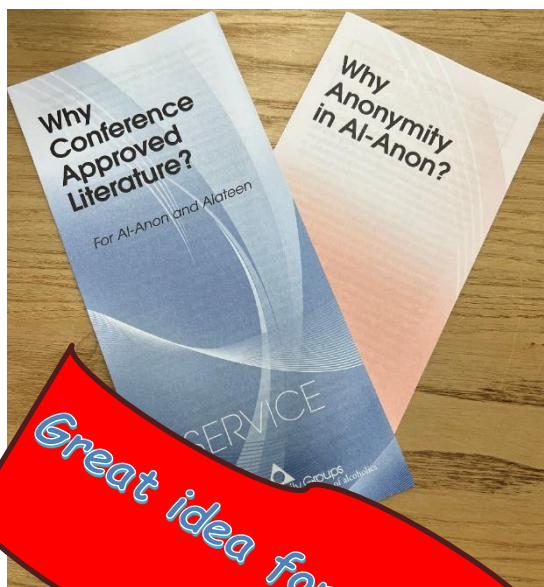


**OPEN EMAIL:
JUST HIT ARROW TO SEND
Al-Anews is no longer
being printed by District.**

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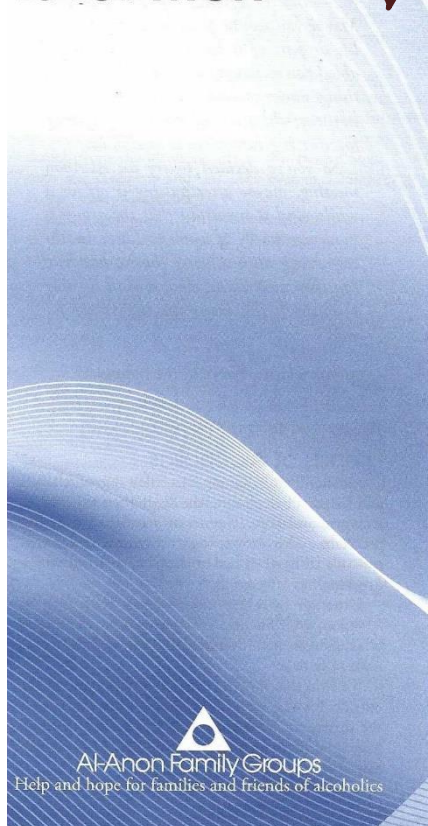
INFORMATION ABOUT LITERATURE

When was the last time you read a FREE pamphlet?



Great idea for a topic

Al-Anon Is for Men



HEADLINE: Al-Anon is for men

Yes, of course, Al-anon is also for men. If you are male and feel hesitant about attending meetings, you should know there are two weekly meetings for men in District 7 (Pinellas County).

One is on Tuesday nights, from 8 to 9, at the Northwest Presbyterian Church, 6330 54th Avenue, St.

Petersburg. This group -- known as the **S.T.A.G. group** - has been meeting since 2010. Btw, it is said that STAG stands for Steps and Traditions for Al-Anon Gentlemen

Another meeting for men is on Wednesday nights, from 7 to 8, at our Lady of Lourdes Catholic Church, 750 San Salvador Drive in Dunedin. This is **Dunedin Men's AFG**

But what are the reasons a man may want to attend a men's meeting? Perhaps he just doesn't want to share some things with women present. And if his wife also attends maybe he doesn't want to share some personal things. Or, it could be none of the above. I attend several different meetings a week, including Tuesday's S. T. A. G. meeting, and early on I realized that every meeting has a different vibe and they are all helpful. Meetings for men can give a man a fresh outlook on how to work the program and he may feel more member support. Importantly, when he is looking for a sponsor, he will meet more men. In fact, Al-Anon, Alcoholics Anonymous, and Narcotics Anonymous all recommend same sex sponsorship. and there is this insight from a male member in the Al-Anon book ...*In All Our Affairs*:

" I know several men in the fellowship who grew up with alcoholism, as I did. They have helped me understand and accept the isolation that I lived with and even cultivated. Feeling closer to these people, I have come to feel closer to myself. Hearing the struggles these men have had establishing intimacy in their lives and making room for their feelings, I have been able to be gentler and more understanding of myself."

Bill A. in St. Petersburg

ALATEEN HAPPENINGS

District 7 Alateen Meetings

Beacon of Hope Alateen*

Tuesday 8pm

Christ Lutheran Church

3451 30th Ave N.

St Petersburg, FL 33713

* AA meeting and Al-Anon meets at same time

Countryside Friday Night Alateen* Friday 7pm North
Presbyterian Church Rm#8 2875 SR-580 Clearwater, FL
33761

* Al-Anon meets at same time

WSO Alateen Resources

Teen Corner (Alateen) - Al-Anon Family Groups go to:

<https://al-anon.org/newcomers/teen-corner-alateen/>

Alateen meetings in the Mobile App are for young people aged 13 to 18 who have been affected by someone else's drinking. We are invited to share experience, strength, and hope with other teens.



Online Alateen meetings are only available through the WSO and teens can download the Al-Anon Family Groups Mobile App to find time these meetings and attend them.

The meetings are only in English and the times currently are:

Monday, 6 pm ET

Monday 10 pm ET

Wednesday 7 pm ET

Wednesday 9:30 pm ET

Thursday 7:30 pm ET

When looking for a meeting, they will be displayed in local time for your area.

WHAT IS HAPPENING IN THE FORUM?

Talk about Surrender

By Shar H., Ohio

When I first came to Al-Anon, all the God-talk put me off. I heard Al-Anon is a spiritual program, not a religious one, and yet I heard everyone talking about God. For a while I mouthed the words, which did me no good whatsoever. Although I kept coming back to meetings, there was a wall between me and recovery. That wall was God.

I didn't want anything to do with the vindictive, punishing God of my youth. That image came to me from organized religion—run by people who went to church on Sunday morning and seemed to forget what they'd learned by Sunday afternoon.

Gradually, I came to understand that I needed a Higher Power to get to Step Two. Al-Anon people had what I wanted, so I decided the meetings would be my Higher Power. That idea worked for me.

My concept of a Higher Power grew to encompass my sponsor, the Steps, readings, and members of Al-Anon. I still didn't call my Higher Power "God." When that word came up, I substituted "Higher Power" or "Creator."

One day I finally heard the magic words, "The God of my understanding." Finally I understood that my Higher Power didn't have to be the God of my youth. This idea really made me think. After a long time, I decided the Higher Power of my understanding is a loving entity who cries when we cry, laughs when we laugh, and mourns at the pain and suffering we go through here on earth. I used to question God about famine, abuse, and war. Now I believe that most of the problems on this planet stem from the free will that God gave to us as individuals.

Gradually, I began to call my Higher Power, "God." It just seemed simpler and it saved me a lot of effort, rather than constantly searching for another word to use as a substitute. My sponsor pointed out that this was what I was doing, and we laughed together—talk about surrender.

Today, God and I talk a lot. We've become friends and I've come to trust in God's will, not mine. Sometimes I even remember to Let Go and Let God, and that feels very good. ▲

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10 *The Forum* FEBRUARY 1999

In February 1999 the message was the same as it is today in February 2024.

Go to <https://www.al-anon.org/forum> to subscribe online or print out form in any Forum you see at a meeting.

The Forum is the international monthly publication of Al-Anon Family Groups, a fellowship that offers strength & hope for the friends & families of problem drinkers. In the pages of this magazine, Al-Anon & Alateen members share their challenges, insights, & progress along their path of self-discovery & spiritual growth much in the way that they contribute when attending Al-Anon or Alateen meetings. Such sharing is important in helping readers find personal growth & peace of mind through the Al-Anon program. The magazine also includes topics for discussion at meetings as well as news & information from Al-Anon's World Service Conference and World Service Office.

Al-Anews District 7 (Pinellas County) FL North Area 9, Panel 64

WHAT IS HAPPENING AT WSO?

Who Keeps the Group Connected to the WSO?

The Current Mailing Address (CMA) for the group is a crucial link between the group and World Service Office (WSO) information. The CMA ensures that the group promptly receives all time-sensitive postal and electronic communications from the WSO and local service arms and shares the content with the group members. The CMA may be but does not have to be the Group Representative or another group officer.

Communications the CMA receives from the WSO include:

- [In The Loop](#), the WSO email newsletter;
- the [Quarterly Appeal letters](#), which provide members the opportunity to support Al-Anon Family Groups worldwide by contributing directly to the WSO; and
- an Annual Update Sheet listing the current group information on file with the WSO for verification, so that anyone seeking Al-Anon's help can find your meeting.

Groups can submit an Al-Anon [Group Records](#) Change Form online to update the CMA information and avoid interruption of service.

The Forum, February 2024

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WHAT IS HAPPENING IN AREA 9?

SAILING TOWARD SERENITY

2024 FLORIDA NORTH AFG CONVENTION

SEPTEMBER 6-8, 2024

HILTON DAYTONA BEACH OCEANFRONT RESORT

GET ON BOARD!

RESERVE YOUR CABIN TODAY!

Scan QR Code:



Or Sail to:

<https://www.afgarea9.org/convention2024.html>

Workshops Speakers Raffles Banquet Boutique Serenity Room

HOTEL INFO

Hilton Daytona Beach Oceanfront Resort, 100 North Atlantic Ave., Daytona Beach, 32118
- 386-254-8200

To register for the hotel, use this link: [NFA AFG INC Annual Convention \(hilton.com\)](https://www.hilton.com/afgarea9)

• \$169 per night includes \$25 resort fee (before taxes) for *all* rooms - singles, doubles, triples, and quads

• Rate is good for 3 days before and after Convention / Self-parking discounted \$10 from prevailing rates (current rate is \$30)

UPCOMING 2024 Area 9 ASSEMBLIES

May 3-5, 2024

Oct 11-15, 2024

Each group provides its GR with sufficient funds to fulfill the GR duties including participation in the Assembly. Expenses may include meals, transportation, lodging, and registration fees.

AI-News District 7 (Pinellas County) FL North Area 9, Panel 64

NEED TO CONTACT SOMEONE

Position	Name	email
District Representative	Heather D	dr@d7afg.org
Alternate District Representative	Victoria P	altdr@d7afg.org
District Treasurer	OPEN	treasurer@d7afg.org
District Secretary	Pat	dsecretary@d7afg.org
District Information Services Liaison	OPEN	disl@d7afg.org
DISL Secretary	OPEN	Disl_secretary@d7afg.org
AA Liaison	Danielle C	aalison@d7afg.org
AI-Anews	Laurie L	alanews@d7afg.org
Alateen	OPEN	alateen@d7afg.org
Archives	OPEN	archives@d7afg.org
Cooperating with the Professional Community (CPC)	Donna S	cpc@d7afg.org
District Alateen Process Person	Sharon C	dapp@d7afg.org
Group Records	OPEN	grouprecords@d7afg.org
Information Line	Carolyn L	infoline@d7afg.org
Institutions	OPEN	institutions@d7afg.org
Literature Distribution Center	Kimberly H	literature@d7afg.org
Public Information	Shira P	publicinfo@d7afg.org
Spanish	Fanny	spanish@d7afg.org
Speakers List	Jenny	speaker@d7afg.org
Technology/Website	Ed Mc	website@d7afg.org
When and Where	Stephanie	whenandwhere@d7afg.org
Hospitality	OPEN	hospitality@d7afg.org
Raffle/Registration	Lisa M.	raffle@d7afg.org



Next District Meeting

(monthly meeting for GR's, District trusted servants
and any interested members)

Saturday March 9, 2024

Door open at 8am. Meeting starts at 9am.

CENTRAL CHURCH OF CHRIST

Fellowship Hall: 1454 Belleair Rd, Clearwater 33756

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